

**CLASSIFICAÇÕES**  
**15ª CORRIDA CALDAS DAS TAIPAS 2022**

**GERAL FEMININA**

<b>Posicao</b>	<b>Dorsal</b>	<b>Nome</b>	<b>Clube</b>	<b>Escalão</b>	<b>Marca</b>
1	78	Laura Silva	CDSSC	SEN	00:37:12
2	53	Rita Maria Lopes	BFCTriatlo	SEN	00:39:17
3	381	Raquel Sampaio	UDV	SEN	00:40:29
4	352	Beatriz Fernandes	SCB	SEN	00:42:10
5	348	Sílvia Silva	QTRILHO	SEN	00:42:34
6	101	Sofia Peixoto	ELCT	SEN	00:46:20
7	89	Helena Machado	CRCANDO	SEN	00:47:00
8	12	Cústodia Rodrigues	NATAIPAS	VET 50	00:47:36
9	362	Isabel Freitas	SRC	VET 40	00:47:55
10	201	Rosária Sebastião	GCB	VET 40	00:48:02
11	424	Céu Fernandes	RIOFIT	VET 40	00:48:31
12	185	Bianca Albuquerque	GCB	SEN	00:51:12
13	306	Maria Pinto	NBA	SEN	00:51:32
15	22	Helena Mourão	ACRSD	VET 60	00:52:10
16	311	Sara Machado	NBA	SEN	00:52:14
17	200	Adélia Sendas	GCB	VET 40	00:52:33
18	190	Luisa Moreira	GCB	VET 40	00:53:16
19	370	Sandra Gonçalves	SRC	SEN	00:53:24
20	307	Márcia Silva	NBA	SEN	00:54:00
21	91	Lia Esteves	ColégioAve	VET 40	00:54:18
22	96	Gabriela Pelicano	EAT	VET 40	00:54:35
23	192	Catarina Delgado	GCB	SEN	00:54:54
24	277	Ana Gomes	IND	SEN	00:56:14
25	70	Diana Martins	CBRUN	SEN	00:56:44
26	432	Manuela Bento	SRC	VET 50	00:58:39
27	443	Emília Vides	IND	VET 40	00:58:47
28	357	Conceição Oliveira	SRC	VET 50	00:59:58
29	194	Daniela Martins	GCB	SEN	01:00:48
30	199	Anabela Bordalo	GCB	VET 50	01:00:49
31	264	Leticia Mendes	IND	SEN	01:00:54
32	256	Irene Estefânia Mendes Miranda	IND	VET 40	01:01:05
33	281	Sandra Ribeiro Gonçalves	IND	SEN	01:01:06
34	226	Isabel Sabino	IND	VET 50	01:01:50
35	243	Cristiana Filipa Silva Costa	IND	VET 40	01:02:18
36	249	Mónica Alexandra Alves Pedrosa	IND	VET 40	01:02:50
37	191	Cecília Xavier	GCB	VET 40	01:05:20
38	363	Benardete Lopo	SRC	VET 40	01:05:31
39	266	Catarina de Jesus Caldeira Roteia	IND	SEN	01:20:52

**SENIORES FEMININOS**

<b>Posicao</b>	<b>Dorsal</b>	<b>Nome</b>	<b>Clube</b>	<b>Escalão</b>	<b>Marca</b>
1	78	Laura Silva	CDSSC	SEN	00:37:12
2	53	Rita Maria Lopes	BFCTriatlo	SEN	00:39:17
3	381	Raquel Sampaio	UDV	SEN	00:40:29
4	352	Beatriz Fernandes	SCB	SEN	00:42:10
5	348	Sílvia Silva	QTRILHO	SEN	00:42:34

6	101	Sofia Peixoto	ELCT	SEN	00:46:20
7	89	Helena Machado	CRCANDO	SEN	00:47:00
8	185	Bianca Albuquerque	GCB	SEN	00:51:12
9	306	Maria Pinto	NBA	SEN	00:51:32
10	311	Sara Machado	NBA	SEN	00:52:14
11	370	Sandra Gonçalves	SRC	SEN	00:53:24
12	307	Márcia Silva	NBA	SEN	00:54:00
13	192	Catarina Delgado	GCB	SEN	00:54:54
14	277	Ana Gomes	IND	SEN	00:56:14
15	70	Diana Martins	CBRUN	SEN	00:56:44
16	194	Daniela Martins	GCB	SEN	01:00:48
17	264	Leticia Mendes	IND	SEN	01:00:54
18	281	Sandra Ribeiro Gonçalves	IND	SEN	01:01:06
19	266	Catarina de Jesus Caldeira Roteira	IND	SEN	01:20:52

### VETERANOS I FEMININOS

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	362	Isabel Freitas	SRC	VET 40	00:47:55
2	201	Rosária Sebastião	GCB	VET 40	00:48:02
3	424	Céu Fernandes	RIOFIT	VET 40	00:48:31
4	200	Adélia Sendas	GCB	VET 40	00:52:33
5	190	Luisa Moreira	GCB	VET 40	00:53:16
6	91	Lia Esteves	ColégioAve	VET 40	00:54:18
7	96	Gabriela Pelicano	EAT	VET 40	00:54:35
8	443	Emília Vides	IND	VET 40	00:58:47
9	256	Irene Estefânia Mendes Miranda	IND	VET 40	01:01:05
10	243	Cristiana Filipa Silva Costa	IND	VET 40	01:02:18
11	249	Mónica Alexandra Alves Pedrosa	IND	VET 40	01:02:50
12	191	Cecília Xavier	GCB	VET 40	01:05:20
13	363	Benardete Lopo	SRC	VET 40	01:05:31

### VETERANOS II FEMININOS

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	12	Cústodia Rodrigues	NATAIPAS	VET 50	00:47:36
2	432	Manuela Bento	SRC	VET 50	00:58:39
3	357	Conceição Oliveira	SRC	VET 50	00:59:58
4	199	Anabela Bordalo	GCB	VET 50	01:00:49
5	226	Isabel Sabino	IND	VET 50	01:01:50

### VETERANOS III FEMININOS

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	22	Helena Mourão	ACRSD	VET 60	00:52:10

### GERAL MASCULINA

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	75	Nuno Lopes	CDFE	SEN	00:31:11
2	382	Rúben Pires	UDV	SEN	00:31:27
3	345	Bruno Silva	PRC	SEN	00:32:30

4	36	João Figueiredo	AFR&F	SEN	00:32:55
5	344	Pedro Ribeiro	PRC	VET 40	00:33:53
6	48	Augusto Costa	AMONT	VET 50	00:33:55
7	61	Nuno Fernandes	CAS	SEN	00:34:06
8	406	Bruno Freitas	ACRVC	VET 40	00:34:21
9	44	Marco Pinto	AGM	SEN	00:34:53
10	380	Marco Ferreira	UDV	VET 40	00:35:01
11	377	António Costa	UDV	VET 50	00:35:04
12	50	Joaquim Carlos Lopes	BFCTriatlo	VET 50	00:35:10
13	73	Marco Santos	CBRUN	SEN	00:35:13
14	46	Alexandre Martins	AGM	SEN	00:35:22
15	399	Bruno Abreu	VTSC	SEN	00:35:37
16	93	Paulo Oliveira	DRGN	SEN	00:35:40
17	343	Luís Lopes	PRC	VET 50	00:35:53
18	35	Pedro Cardoso	AFR&F	SEN	00:36:05
19	37	José Manuel Andrade	AGM	VET 50	00:36:15
20	57	Joaquim Lopes	CAAT	VET 40	00:36:22
21	378	Carlos Costa	UDV	VET 40	00:36:44
22	23	Mário Silva	ACRSD	VET 50	00:36:49
23	29	Patrício Castro	ACVSM	VET 40	00:37:03
24	303	Ramiro Ribeiro	NBA	VET 40	00:37:12
25	394	Miguel Peixoto	VTSC	VET 40	00:37:26
26	396	João Jesus Silva	VTSC	VET 40	00:37:27
27	292	Flávio Gonçalves	IND	SEN	00:37:28
28	34	Agostinho Figueiredo	AFR&F	VET 40	00:37:39
29	248	Ângelo Santos	IND	VET 40	00:37:48
30	39	Paulo Matos	AGM	VET 50	00:37:55
31	72	Pedro Lopes	CBRUN	SEN	00:38:04
32	97	Eduardo Oliveira	ELCT	SEN	00:38:35
33	98	Jorge Vale	ELCT	VET 50	00:38:36
34	41	Paulo Mendes	AGM	VET 40	00:38:38
35	342	Augusto Antunes	PRC	VET 50	00:38:42
36	28	Manuel Ribeiro	ACVSM	VET 40	00:38:44
37	238	João Meira	IND	VET 40	00:38:49
38	397	Hélder Vieira	VTSC	VET 40	00:38:59
39	379	Jorge Cunha	UDV	VET 40	00:39:04
40	60	Aurélio Rebelo	CAOV	VET 40	00:39:06
41	401	André Cunha	Vimarunner	SEN	00:39:27
42	205	Jose Santos Monteiro	IND	VET 60	00:39:34
43	223	Luís Silva	IND	VET 50	00:39:49
44	187	César Pires	GCB	VET 50	00:39:52
45	65	Luís Vieira	CAVBB-P	VET 50	00:39:53
46	328	João Cardoso	O.M.Taipas	VET 40	00:39:56
47	74	João Lopes	CBRUN	SEN	00:40:09
48	99	Sérgio Silva	ELCT	VET 40	00:40:12
49	94	José Araújo	EAROS	VET 60	00:40:18
50	30	Tiago Azevedo	ACVSM	SEN	00:40:43
51	202	Alírio Sebastião	GCB	VET 40	00:40:51
52	301	Flávio Fernandes	NBA	VET 50	00:40:57
53	374	Vítor Martins	SRC	VET 40	00:41:20
54	236	José Castro	IND	VET 40	00:41:25
55	403	jose carneiro fernandes	fisioponte	VET 50	00:41:44
56	376	Fernando Manuel Tavares da Costa Antunes	Turbulento	VET 60	00:41:57
57	371	Luís Pereira	SRC	VET 60	00:42:03
58	38	João Capa	AGM	VET 50	00:42:05

59	355	René Teixeira	SRC	VET 50	00:42:11
60	58	João Torcato	CAAT	VET 40	00:42:13
61	52	Fábio Faria	BFCTriatlo	SEN	00:42:13
62	300	Joaquim Teixeira	NBA	VET 50	00:42:20
63	219	José Fernandes	IND	VET 50	00:42:23
64	295	José Alves	MJM	VET 50	00:42:29
65	16	Daniel Ribeiro	NATAIPAS	SEN	00:42:30
66	66	Fernando Sousa	CAVBB-P	VET 50	00:42:34
67	347	Hélder Silva	QTRILHO	VET 40	00:42:35
68	420	João Carlos oliveirs	IND	VET 60	00:42:36
69	387	Manuel Mendes	VTSC	SEN	00:42:42
70	231	José Armando Macedo Dias	IND	VET 50	00:42:44
71	299	Guilherme Martins	MJM	VET 40	00:42:55
72	259	Dinis Silva	IND	SEN	00:43:08
73	51	Joaquim Pereira	BFCTriatlo	VET 40	00:43:12
74	253	João Fontão	IND	SEN	00:43:19
75	193	Hélder Narciso	GCB	SEN	00:43:20
76	389	Avelino De Freitas	VTSC	VET 60	00:43:29
77	257	Miguel Fernandes	IND	SEN	00:43:31
78	402	Luis Miguel	Vimarunner	SEN	00:43:47
79	400	João Ricardo	Vimarunner	VET 40	00:43:48
80	297	Vitor Costa	MJM	SEN	00:43:58
81	359	José Carvalho	SRC	VET 50	00:44:01
82	291	Sean Godmon	IND	VET 40	00:44:10
83	203	António José Barroso Azevedo	GST	SEN	00:44:13
84	3	Augusto Mendes	NATAIPAS	VET 40	00:44:15
85	62	António Correia	CAVBB-P	VET 60	00:44:23
86	308	Jorge Miranda	NBA	SEN	00:44:23
87	334	Orlando C Marques	P.A.	VET 40	00:44:36
88	14	Adélio Marques	NATAIPAS	VET 40	00:44:44
89	63	João Ribeiro	CAVBB-P	VET 60	00:44:44
90	10	António Silva	NATAIPAS	VET 50	00:44:47
91	287	António Oliveira	IND	VET 50	00:44:52
92	408	Narciso Oliveira	ATC	VET 60	00:45:04
93	242	Ricardo Salgado	IND	VET 40	00:45:11
94	274	João Oliveira	IND	SEN	00:45:13
95	429	RICARDO CASTRO	RIOFIT	VET 40	00:45:20
96	83	Tiago Carneiro	CRCANDO	SEN	00:45:24
97	441	José Maria	IND	VET 50	00:45:36
98	55	Humberto Silva	C. O. C	VET 40	00:45:52
99	21	Rafael Costa	A.doTacho	SEN	00:45:53
100	354	António Mendes	SRC	VET 50	00:46:00
101	68	Albino Vieira	CBRUN	VET 60	00:46:06
102	293	José Vidrigo	TalhoManec	VET 50	00:46:12
103	442	José Ferreira	IND	VET 60	00:46:13
104	211	Carlos Osório	IND	VET 50	00:46:24
105	215	Álvaro Joaquim Nogueira da Costa	IND	VET 50	00:46:25
106	372	José Lopes	SRC	VET 40	00:46:27
107	356	Osvaldo Soares	SRC	VET 50	00:46:27
108	95	Jorge Costa	EAT	VET 40	00:46:28
109	335	JOAQUIM JORGE SILVA	POTES OURO	VET 50	00:46:31
110	85	José Salgado	CRCANDO	VET 50	00:46:31
111	413	Ivan Santiago Hurtado	GCB	VET 40	00:46:35
112	18	Nelson Ribeiro	NATAIPAS	SEN	00:46:44
113	366	Eduardo Magalhães	SRC	VET 40	00:46:45

114	368	Vitor Castro	SRC	SEN	00:46:45
115	31	Ricardo Ferreira	ADCAR	VET 40	00:46:53
116	102	António Neto	EPMED	VET 60	00:46:58
117	349	ROMEU COSTA	R & J	VET 40	00:47:16
118	409	Eugenio Rodrigues	CAB	VET 60	00:47:19
119	27	Paulo Abreu	ACVSM	VET 50	00:47:20
120	358	Vitor Barros	SRC	VET 50	00:47:21
121	375	José Fernandes	Sersaude	SEN	00:47:24
122	294	MANUEL MARQUES	MA Impulse	VET 50	00:47:27
123	296	José Fernandes	MJM	VET 60	00:47:32
124	386	Luis Mendes	VTSC	VET 40	00:47:36
125	384	Joao Oliveira	VTSC	VET 50	00:47:36
126	398	João Paulo Alves	VTSC	SEN	00:47:36
127	337	Marco Pereira	POTES OURO	VET 50	00:47:44
128	221	Adelino faria	IND	VET 50	00:47:46
129	430	Francisco Cunha	SRC	VET 40	00:47:51
130	373	Rui Silva	SRC	VET 50	00:47:51
131	230	António Monteiro	IND	VET 40	00:47:54
132	418	José Costa	IND	SEN	00:47:55
133	367	Jorge Ferreira	SRC	VET 40	00:47:55
134	390	Manuel Novais	VTSC	VET 60	00:47:59
135	417	Joaquim Figueiredo	IND	SEN	00:48:02
136	340	Carlos Ferreira	POTES OURO	VET 50	00:48:04
137	391	Filipe Oliveira	VTSC	VET 50	00:48:09
138	410	Nuno André Sousa	CFCPVL	VET 40	00:48:18
139	208	José Sampaio	IND	VET 60	00:48:19
140	412	José Capela	ELCT	VET 60	00:48:27
141	289	Sérgio Pereira	IND	VET 40	00:48:28
142	235	Filipe Barbosas	IND	VET 40	00:48:28
143	393	Manuel F Mendes	VTSC	VET 50	00:48:29
144	385	Miguel Mendes	VTSC	VET 40	00:48:32
145	86	Hélder Faria	CRCANDO	VET 40	00:48:32
146	88	Joel Silva	CRCANDO	VET 40	00:48:32
147	383	Jose Carlos Freitas	VTSC	VET 50	00:48:41
148	251	Jose Salgado	IND	VET 40	00:48:41
149	275	Paulo Gomes	IND	SEN	00:48:42
150	209	Guilherme Romano	IND	VET 50	00:48:47
151	222	Hilário Martins	IND	VET 50	00:49:16
152	183	Fábio Manuel Marques Vieira	G. Século	SEN	00:49:33
153	427	JOSÉ CARLOS MORAIS	RIOFIT	VET 40	00:49:35
154	426	JOSÉ ALBERTO SILVA	RIOFIT	SEN	00:49:36
155	336	BERNARDINO FARIA	POTES OURO	VET 50	00:49:37
156	182	Luís António Ferreira Mendes	G. Século	SEN	00:49:38
157	261	Eduardo Gomes	IND	SEN	00:49:41
158	237	JORGE MANUEL DUARTE MARQUES	IND	VET 40	00:49:47
159	246	Rui Nuno	IND	SEN	00:49:51
160	234	VITOR MAGALHÃES	IND	VET 40	00:49:57
161	290	Marco Salgado	IND	VET 40	00:49:58
162	258	Nuno Emanuel Ferreira Leal	IND	SEN	00:50:14
163	9	Guilherme Silva	NATAIPAS	VET 50	00:50:19
164	15	Vasco Mota	NATAIPAS	SEN	00:50:25
165	338	Jorge Silva	POTES OURO	VET 50	00:50:26
166	339	JORGE FERREIRA	POTES OURO	VET 40	00:50:27
167	77	Hélder Ferreira	CDSSC	VET 40	00:50:42
168	33	João Carvalho	AFR&F	VET 40	00:50:48

169	213	José João Novais de Sousa	IND	SEN	00:50:50
170	267	André Salazar	IND	SEN	00:50:50
171	434	Ruben Lima	SRC	SEN	00:50:53
172	214	Ricardo Ceia	IND	VET 50	00:50:58
173	416	Hugo Emanuel da Silva	IND	SEN	00:51:00
174	422	Vítor Manuel Macedo	IND	VET 50	00:51:01
175	431	João Lima	SRC	VET 40	00:51:03
176	225	José Carlos Barbosa	IND	VET 50	00:51:04
177	433	Romain Correia	SRC	SEN	00:51:06
178	82	Rui Monteiro	CRCANDO	VET 40	00:51:16
179	435	Rui Gonçalves	SRC	SEN	00:51:16
180	250	Luciano Rocha	IND	VET 40	00:51:32
181	239	Maximino Silva	IND	VET 50	00:51:36
182	220	Humberto Correia	IND	VET 50	00:51:36
183	304	Marco Vaz	NBA	VET 40	00:51:38
184	282	Mário Machado	IND	SEN	00:51:39
185	268	Eduardo Isidro Castro Oliveira	IND	SEN	00:51:39
186	228	carlos freitas morais	IND	VET 50	00:51:45
187	365	Patrício Rodrigues	SRC	VET 40	00:51:50
188	247	João Paulo Monteiro Ferreira	IND	VET 40	00:51:52
189	217	José Mendes	IND	VET 50	00:52:01
190	8	Paulo Rodrigues	NATAIPAS	VET 50	00:52:04
191	438	Paulo Machado	IND	VET 50	00:52:05
192	428	JOSÉ MANUEL OLIVEIRA	RIOFIT	VET 60	00:52:19
193	189	Fernando Morais	GCB	VET 40	00:52:32
194	332	FILIPE GONÇALVES	OS CRENTES	VET 40	00:52:43
195	271	Fábio Vieira	G. Sécul	SEN	00:52:50
196	175	Norberto Manuel Roriz Moreira	G. Século	VET 40	00:52:51
197	179	Ricardo Joaquim Silva Marques	G. Século	VET 40	00:52:51
198	309	Rui Ferreira	NBA	SEN	00:53:04
199	80	Jorge Sousa	CFCPPL	VET 50	00:53:05
200	207	António Correia de Oliveira	IND	VET 60	00:53:08
201	224	Carlos Sousa	IND	VET 40	00:53:12
202	272	Alexandre Sobral	IND	SEN	00:53:13
203	186	Delmar Domingues	GCB	VET 60	00:53:16
204	341	MANUEL FRAGA	POTES OURO	VET 40	00:53:19
205	388	Jorge Teixeira	VTSC	VET 60	00:53:20
206	436	Sérgio Mendes	SRC	VET 40	00:53:24
207	326	José Freitas	O.M.Taipas	VET 50	00:54:00
208	325	Agostinho Macedo	O.M.Taipas	VET 50	00:54:01
209	278	Édi Marques Freitas	IND	SEN	00:54:27
210	81	Jaime Gonçalves	CRCANDO	VET 50	00:54:35
211	84	Manuel Mendes	CRCANDO	VET 60	00:54:36
212	20	Vítor M Cardoso	A Madalena	VET 50	00:54:51
213	13	Paulo Mendes	NATAIPAS	VET 40	00:54:56
214	254	João Regueiras	IND	VET 40	00:55:11
215	6	Manuel Ribeiro	NATAIPAS	VET 60	00:55:11
216	241	José Fernando Costa	IND	VET 40	00:55:12
217	425	JOAQUIM OLIVEIRA	RIOFIT	VET 50	00:56:15
218	279	Vítor Gouveia	IND	SEN	00:56:16
219	415	Daniel Martins	IND	VET 40	00:56:51
220	49	Carlos Alberto Alves da Silva	ArcoRun	VET 50	00:56:54
221	17	Nuno Costa	NATAIPAS	VET 40	00:57:03
222	252	Davide Miguel Montenegro Ribeiro	IND	VET 40	00:57:24
223	265	Vitor Hugo Leite Lopes	IND	SEN	00:57:24

224	262	Alex	IND	SEN	00:57:25
225	405	sergio mendes	fisioponte	SEN	00:57:30
226	331	RUI RESENDE	OS CRENTES	VET 40	00:57:34
227	280	José Silva	IND	SEN	00:58:35
228	4	Francisco Marques	NATAIPAS	VET 60	00:58:41
229	7	Joaquim Barbosa	NATAIPAS	VET 60	00:58:42
230	218	João Manuel Ribeiro Gomes	IND	VET 50	00:58:43
231	437	Manuel Ribeiro	NATAIPAS	VET 50	00:58:43
232	324	Carlos Ribeiro	O.M.Taipas	VET 50	00:59:26
233	90	Rui Miguel Costa	ColégioAve	VET 40	01:00:12
234	216	Isaías Fernando Ferreira Mendes	IND	VET 50	01:01:06
235	404	carlos alberto alves palma	fisioponte	SEN	01:01:44
236	54	Paulo Costa	BRAGARUNNE	VET 40	01:02:33
237	240	Balsemino Horacio Guimarães Ferreira	IND	VET 40	01:02:50
238	206	ABEL MOURA	IND	VET 60	01:04:28
239	359	José Carvalho	SRC	VET 50	01:05:40
240	197	Carlos Fernandes	GCB	VET 50	01:05:56
241	440	Domingos Pereira	IND	VET 60	01:08:59

### SENIORES MASCULINOS

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	75	Nuno Lopes	CDFE	SEN	00:31:11
2	382	Rúben Pires	UDV	SEN	00:31:27
3	345	Bruno Silva	PRC	SEN	00:32:30
4	36	João Figueiredo	AFR&F	SEN	00:32:55
5	61	Nuno Fernandes	CAS	SEN	00:34:06
6	44	Marco Pinto	AGM	SEN	00:34:53
7	73	Marco Santos	CBRUN	SEN	00:35:13
8	46	Alexandre Martins	AGM	SEN	00:35:22
9	399	Bruno Abreu	VTSC	SEN	00:35:37
10	93	Paulo Oliveira	DRGN	SEN	00:35:40
11	35	Pedro Cardoso	AFR&F	SEN	00:36:05
12	292	Flávio Gonçalves	IND	SEN	00:37:28
13	72	Pedro Lopes	CBRUN	SEN	00:38:04
14	97	Eduardo Oliveira	ELCT	SEN	00:38:35
15	401	André Cunha	Vimarunner	SEN	00:39:27
16	74	João Lopes	CBRUN	SEN	00:40:09
17	30	Tiago Azevedo	ACVSM	SEN	00:40:43
18	52	Fábio Faria	BFCTriatlo	SEN	00:42:13
19	16	Daniel Ribeiro	NATAIPAS	SEN	00:42:30
20	387	Manuel Mendes	VTSC	SEN	00:42:42
21	259	Dinis Silva	IND	SEN	00:43:08
22	253	João Fontão	IND	SEN	00:43:19
23	193	Hélder Narciso	GCB	SEN	00:43:20
24	257	Miguel Fernandes	IND	SEN	00:43:31
25	402	Luis Miguel	Vimarunner	SEN	00:43:47
26	297	Vitor Costa	MJM	SEN	00:43:58
27	203	António José Barroso Azevedo	GST	SEN	00:44:13
28	308	Jorge Miranda	NBA	SEN	00:44:23
29	274	João Oliveira	IND	SEN	00:45:13
30	83	Tiago Carneiro	CRCANDO	SEN	00:45:24
31	21	Rafael Costa	A.doTacho	SEN	00:45:53
32	18	Nelson Ribeiro	NATAIPAS	SEN	00:46:44
33	368	Vitor Castro	SRC	SEN	00:46:45

34	375	José Fernandes	Sersaude	SEN	00:47:24
35	398	João Paulo Alves	VTSC	SEN	00:47:36
36	418	José Costa	IND	SEN	00:47:55
37	417	Joaquim Figueiredo	IND	SEN	00:48:02
38	275	Paulo Gomes	IND	SEN	00:48:42
39	183	Fábio Manuel Marques Vieira	G. Século	SEN	00:49:33
40	426	JOSÉ ALBERTO SILVA	RIOFIT	SEN	00:49:36
41	182	Luís António Ferreira Mendes	G. Século	SEN	00:49:38
42	261	Eduardo Gomes	IND	SEN	00:49:41
43	246	Rui Nuno	IND	SEN	00:49:51
44	258	Nuno Emanuel Ferreira Leal	IND	SEN	00:50:14
45	15	Vasco Mota	NATAIPAS	SEN	00:50:25
46	213	José João Novais de Sousa	IND	SEN	00:50:50
47	267	André Salazar	IND	SEN	00:50:50
48	434	Ruben Lima	SRC	SEN	00:50:53
49	416	Hugo Emanuel da Silva	IND	SEN	00:51:00
50	433	Romain Correia	SRC	SEN	00:51:06
51	435	Rui Gonçalves	SRC	SEN	00:51:16
52	282	Mário Machado	IND	SEN	00:51:39
53	268	Eduardo Isidro Castro Oliveira	IND	SEN	00:51:39
54	271	Fábio Vieira	G. Sécul	SEN	00:52:50
55	309	Rui Ferreira	NBA	SEN	00:53:04
56	272	Alexandre Sobral	IND	SEN	00:53:13
57	278	Édi Marques Freitas	IND	SEN	00:54:27
58	279	Vítor Gouveia	IND	SEN	00:56:16
59	265	Vitor Hugo Leite Lopes	IND	SEN	00:57:24
60	262	Alex	IND	SEN	00:57:25
61	405	sergio mendes	fisioponte	SEN	00:57:30
62	280	José Silva	IND	SEN	00:58:35
63	404	carlos alberto alves palma	fisioponte	SEN	01:01:44

## VETERANOS I MASCULINOS

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	344	Pedro Ribeiro	PRC	VET 40	00:33:53
2	406	Bruno Freitas	ACRVC	VET 40	00:34:21
3	380	Marco Ferreira	UDV	VET 40	00:35:01
4	57	Joaquim Lopes	CAAT	VET 40	00:36:22
5	378	Carlos Costa	UDV	VET 40	00:36:44
6	29	Patrício Castro	ACVSM	VET 40	00:37:03
7	303	Ramiro Ribeiro	NBA	VET 40	00:37:12
8	394	Miguel Peixoto	VTSC	VET 40	00:37:26
9	396	João Jesus Silva	VTSC	VET 40	00:37:27
10	34	Agostinho Figueiredo	AFR&F	VET 40	00:37:39
11	248	Ângelo Santos	IND	VET 40	00:37:48
12	41	Paulo Mendes	AGM	VET 40	00:38:38
13	28	Manuel Ribeiro	ACVSM	VET 40	00:38:44
14	238	João Meira	IND	VET 40	00:38:49
15	397	Hélder Vieira	VTSC	VET 40	00:38:59
16	379	Jorge Cunha	UDV	VET 40	00:39:04
17	60	Aurélio Rebelo	CAOV	VET 40	00:39:06
18	328	João Cardoso	O.M.Taipas	VET 40	00:39:56
19	99	Sérgio Silva	ELCT	VET 40	00:40:12
20	202	Alírio Sebastião	GCB	VET 40	00:40:51
21	374	Vítor Martins	SRC	VET 40	00:41:20



22	236	José Castro	IND	VET 40	00:41:25
23	58	João Torcato	CAAT	VET 40	00:42:13
24	347	Hélder Silva	QTRILHO	VET 40	00:42:35
25	299	Guilherme Martins	MJM	VET 40	00:42:55
26	51	Joaquim Pereira	BFCTriatlo	VET 40	00:43:12
27	400	João Ricardo	Vimarunner	VET 40	00:43:48
28	291	Sean Godmon	IND	VET 40	00:44:10
29	3	Augusto Mendes	NATAIPAS	VET 40	00:44:15
30	334	Orlando C Marques	P.A.	VET 40	00:44:36
31	14	Adélio Marques	NATAIPAS	VET 40	00:44:44
32	242	Ricardo Salgado	IND	VET 40	00:45:11
33	429	RICARDO CASTRO	RIOFIT	VET 40	00:45:20
34	55	Humberto Silva	C. O. C	VET 40	00:45:52
35	372	José Lopes	SRC	VET 40	00:46:27
36	95	Jorge Costa	EAT	VET 40	00:46:28
37	413	Ivan Santiago Hurtado	GCB	VET 40	00:46:35
38	366	Eduardo Magalhães	SRC	VET 40	00:46:45
39	31	Ricardo Ferreira	ADCAR	VET 40	00:46:53
40	349	ROMEU COSTA	R & J	VET 40	00:47:16
41	386	Luis Mendes	VTSC	VET 40	00:47:36
42	430	Francisco Cunha	SRC	VET 40	00:47:51
43	230	António Monteiro	IND	VET 40	00:47:54
44	367	Jorge Ferreira	SRC	VET 40	00:47:55
45	410	Nuno André Sousa	CFCPVL	VET 40	00:48:18
46	289	Sérgio Pereira	IND	VET 40	00:48:28
47	235	Filipe Barbosas	IND	VET 40	00:48:28
48	385	Miguel Mendes	VTSC	VET 40	00:48:32
49	86	Hélder Faria	CRCANDO	VET 40	00:48:32
50	88	Joel Silva	CRCANDO	VET 40	00:48:32
51	251	Jose Salgado	IND	VET 40	00:48:41
52	427	JOSÉ CARLOS MORAIS	RIOFIT	VET 40	00:49:35
53	237	JORGE MANUEL DUARTE MARQUES	IND	VET 40	00:49:47
54	234	VITOR MAGALHÃES	IND	VET 40	00:49:57
55	290	Marco Salgado	IND	VET 40	00:49:58
56	339	JORGE FERREIRA	POTES OURO	VET 40	00:50:27
57	77	Hélder Ferreira	CDSSC	VET 40	00:50:42
58	33	João Carvalho	AFR&F	VET 40	00:50:48
59	431	João Lima	SRC	VET 40	00:51:03
60	82	Rui Monteiro	CRCANDO	VET 40	00:51:16
61	250	Luciano Rocha	IND	VET 40	00:51:32
62	304	Marco Vaz	NBA	VET 40	00:51:38
63	365	Patrício Rodrigues	SRC	VET 40	00:51:50
64	247	João Paulo Monteiro Ferreira	IND	VET 40	00:51:52
65	189	Fernando Morais	GCB	VET 40	00:52:32
66	332	FILIPE GONÇALVES	OS CRENTES	VET 40	00:52:43
67	175	Norberto Manuel Roriz Moreira	G. Século	VET 40	00:52:51
68	179	Ricardo Joaquim Silva Marques	G. Século	VET 40	00:52:51
69	224	Carlos Sousa	IND	VET 40	00:53:12
70	341	MANUEL FRAGA	POTES OURO	VET 40	00:53:19
71	436	Sérgio Mendes	SRC	VET 40	00:53:24
72	13	Paulo Mendes	NATAIPAS	VET 40	00:54:56
73	254	João Regueiras	IND	VET 40	00:55:11
74	241	José Fernando Costa	IND	VET 40	00:55:12
75	415	Daniel Martins	IND	VET 40	00:56:51
76	17	Nuno Costa	NATAIPAS	VET 40	00:57:03

77	252	Davide Miguel Montenegro Ribeiro	IND	VET 40	00:57:24
78	331	RUI RESENDE	OS CRENTES	VET 40	00:57:34
79	90	Rui Miguel Costa	ColégioAve	VET 40	01:00:12
80	54	Paulo Costa	BRAGARUNNE	VET 40	01:02:33
81	240	Balsemino Horacio Guimarães Ferreira	IND	VET 40	01:02:50

### VETERANOS II MASCULINOS

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	48	Augusto Costa	AMONT	VET 50	00:33:55
2	377	António Costa	UDV	VET 50	00:35:04
3	50	Joaquim Carlos Lopes	BFCTriatlo	VET 50	00:35:10
4	343	Luís Lopes	PRC	VET 50	00:35:53
5	37	José Manuel Andrade	AGM	VET 50	00:36:15
6	23	Mário Silva	ACRSD	VET 50	00:36:49
7	39	Paulo Matos	AGM	VET 50	00:37:55
8	98	Jorge Vale	ELCT	VET 50	00:38:36
9	342	Augusto Antunes	PRC	VET 50	00:38:42
10	223	Luís Silva	IND	VET 50	00:39:49
11	187	César Pires	GCB	VET 50	00:39:52
12	65	Luís Vieira	CAVBB-P	VET 50	00:39:53
13	301	Flávio Fernandes	NBA	VET 50	00:40:57
14	403	jose carneiro fernandes	fisioponte	VET 50	00:41:44
15	38	João Capa	AGM	VET 50	00:42:05
16	355	René Teixeira	SRC	VET 50	00:42:11
17	300	Joaquim Teixeira	NBA	VET 50	00:42:20
18	219	José Fernandes	IND	VET 50	00:42:23
19	295	José Alves	MJM	VET 50	00:42:29
20	66	Fernando Sousa	CAVBB-P	VET 50	00:42:34
21	231	José Armando Macedo Dias	IND	VET 50	00:42:44
22	359	José Carvalho	SRC	VET 50	00:44:01
23	10	António Silva	NATAIPAS	VET 50	00:44:47
24	287	António Oliveira	IND	VET 50	00:44:52
25	441	José Maria	IND	VET 50	00:45:36
26	354	António Mendes	SRC	VET 50	00:46:00
27	293	José Vidrigo	TalhoManec	VET 50	00:46:12
28	211	Carlos Osório	IND	VET 50	00:46:24
29	215	Álvaro Joaquim Nogueira da Costa	IND	VET 50	00:46:25
30	356	Osvaldo Soares	SRC	VET 50	00:46:27
31	335	JOAQUIM JORGE SILVA	POTES OURO	VET 50	00:46:31
32	85	José Salgado	CRCANDO	VET 50	00:46:31
33	27	Paulo Abreu	ACVSM	VET 50	00:47:20
34	358	Vitor Barros	SRC	VET 50	00:47:21
35	294	MANUEL MARQUES	MA Impulse	VET 50	00:47:27
36	384	Joao Oliveira	VTSC	VET 50	00:47:36
37	337	Marco Pereira	POTES OURO	VET 50	00:47:44
38	221	Adelino faria	IND	VET 50	00:47:46
39	373	Rui Silva	SRC	VET 50	00:47:51
40	340	Carlos Ferreira	POTES OURO	VET 50	00:48:04
41	391	Filipe Oliveira	VTSC	VET 50	00:48:09
42	393	Manuel F Mendes	VTSC	VET 50	00:48:29
43	383	Jose Carlos Freitas	VTSC	VET 50	00:48:41
44	209	Guilherme Romano	IND	VET 50	00:48:47
45	222	Hilário Martins	IND	VET 50	00:49:16
46	336	BERNARDINO FARIA	POTES OURO	VET 50	00:49:37

47	9	Guilherme Silva	NATAIPAS	VET 50	00:50:19
48	338	Jorge Silva	POTES OURO	VET 50	00:50:26
49	214	Ricardo Ceia	IND	VET 50	00:50:58
50	422	Vítor Manuel Macedo	IND	VET 50	00:51:01
51	225	José Carlos Barbosa	IND	VET 50	00:51:04
52	239	Maximino Silva	IND	VET 50	00:51:36
53	220	Humberto Correia	IND	VET 50	00:51:36
54	228	carlos freitas morais	IND	VET 50	00:51:45
55	217	José Mendes	IND	VET 50	00:52:01
56	8	Paulo Rodrigues	NATAIPAS	VET 50	00:52:04
57	438	Paulo Machado	IND	VET 50	00:52:05
58	80	Jorge Sousa	CFCPPL	VET 50	00:53:05
59	326	José Freitas	O.M.Taipas	VET 50	00:54:00
60	325	Agostinho Macedo	O.M.Taipas	VET 50	00:54:01
61	81	Jaime Gonçalves	CRCANDO	VET 50	00:54:35
62	20	Vítor M Cardoso	A Madalena	VET 50	00:54:51
63	425	JOAQUIM OLIVEIRA	RIOFIT	VET 50	00:56:15
64	49	Carlos Alberto Alves da Silva	ArcoRun	VET 50	00:56:54
65	218	João Manuel Ribeiro Gomes	IND	VET 50	00:58:43
66	437	Manuel Ribeiro	NATAIPAS	VET 50	00:58:43
67	324	Carlos Ribeiro	O.M.Taipas	VET 50	00:59:26
68	216	Isaías Fernando Ferreira Mendes	IND	VET 50	01:01:06
69	359	José Carvalho	SRC	VET 50	01:05:40
70	197	Carlos Fernandes	GCB	VET 50	01:05:56

### VETERANOS III MASCULINOS

Posicao	Dorsal	Nome	Clube	Escalão	Marca
1	205	Jose Santos Monteiro	IND	VET 60	00:39:34
2	94	José Araújo	EAROS	VET 60	00:40:18
3	376	Fernando Manuel Tavares da Costa Antunes	Turbulento	VET 60	00:41:57
4	371	Luís Pereira	SRC	VET 60	00:42:03
5	420	João Carlos oliveirs	IND	VET 60	00:42:36
6	389	Avelino De Freitas	VTSC	VET 60	00:43:29
7	62	António Correia	CAVBB-P	VET 60	00:44:23
8	63	João Ribeiro	CAVBB-P	VET 60	00:44:44
9	408	Narciso Oliveira	ATC	VET 60	00:45:04
10	68	Albino Vieira	CBRUN	VET 60	00:46:06
11	442	José Ferreira	IND	VET 60	00:46:13
12	102	António Neto	EPMED	VET 60	00:46:58
13	409	Eugenio Rodrigues	CAB	VET 60	00:47:19
14	296	José Fernandes	MJM	VET 60	00:47:32
15	390	Manuel Novais	VTSC	VET 60	00:47:59
16	208	José Sampaio	IND	VET 60	00:48:19
17	412	José Capela	ELCT	VET 60	00:48:27
18	428	JOSÉ MANUEL OLIVEIRA	RIOFIT	VET 60	00:52:19
19	207	António Correia de Oliveira	IND	VET 60	00:53:08
20	186	Delmar Domingues	GCB	VET 60	00:53:16
21	388	Jorge Teixeira	VTSC	VET 60	00:53:20
22	84	Manuel Mendes	CRCANDO	VET 60	00:54:36
23	6	Manuel Ribeiro	NATAIPAS	VET 60	00:55:11
24	4	Francisco Marques	NATAIPAS	VET 60	00:58:41
25	7	Joaquim Barbosa	NATAIPAS	VET 60	00:58:42
26	206	ABEL MOURA	IND	VET 60	01:04:28
27	440	Domingos Pereira	IND	VET 60	01:08:59