

XXII FAMALICÃO-JOANE

2 DE OUTUBRO DE 2022

Classificação Geral Feminina

Posição	Dorsal	Nome	Clube	Escalão	Pos_Esc	Marca
1	282	Solange Jesus	CDFE	VET 35	1	00:33:58
2	859	Ana Mafalda Ferreira	SCP	SEN	1	00:34:03
3	860	Catarina Ribeiro	SCP	SEN	2	00:34:30
4	742	Andreia Santos	RDA	VET 35	2	00:34:35
5	820	Vanessa Carvalho	SCB	SEN	3	00:34:40
6	904	Rafaela Fonseca	SCS	VET 35	3	00:34:47
7	741	Carla Martinho	RDA	VET 45	1	00:34:53
8	861	Carla Salomé Rocha	SCP	SEN	4	00:34:59
9	744	Susana Cunha	RDA	SEN	5	00:35:30
10	823	Susana Francisco	SCB	SEN	6	00:35:36
11	875	Rita Figueiredo	SCP	JUN	1	00:35:46
12	743	Joana Nunes	RDA	VET 35	4	00:35:50
13	833	Sara Duarte	SCB	SEN	7	00:35:52
14	872	Lia Lemos	SCP	SEN	8	00:35:53
15	470	Ana Marinho	EAROS	JUN	2	00:35:54
16	286	Susana Godinho	CDFE	SEN	9	00:36:05
17	351	Mónica F Silva	CDSSC	SEN	10	00:36:31
18	345	Laura Silva	CDSSC	VET 35	5	00:36:50
19	749	Joana Ferreira	RDA	SEN	11	00:36:50
20	933	Diana Fernandes	UDV	JUN	3	00:36:52
21	649	Cátia Pereira	JV	SEN	12	00:37:01
22	642	Marisa Vieira	IND	VET 40	1	00:37:46
23	819	Kcénia Bougrova	RUNTEJO	SEN	13	00:38:02
24	287	Mafalda Oliveira	CDFE	SEN	14	00:38:32
25	292	Neide Dias	CDFE	VET 35	6	00:38:35
26	929	Raquel Sampaio	UDV	SEN	15	00:38:50
27	992	Susana Vilela	LAVRA	VET 35	7	00:39:01
28	877	Marta Castro	SCP	JUN	4	00:39:05
29	896	Mónica Ferreira	SCS	VET 45	2	00:39:27
30	154	Filipa Veloso	ANE	SEN	16	00:39:27
31	36	Sabina Neca	ACRSD	VET 45	3	00:39:27
32	634	Eva Fernandes	GRE-AA	SEN	17	00:39:46
33	936	Maria José Pinto	UFCT	VET 40	2	00:39:51
34	349	Sara Carvalho	CDSSC	SEN	18	00:39:56
35	837	Beatriz Fernandes	SCB	SEN	19	00:40:01
36	386	Daniela Silva	CFB	SEN	20	00:40:21
37	291	Margarida Oliveira	CDFE	JUN	5	00:40:23
38	923	Estela Melo	UDV	VET 45	4	00:40:31
39	945	Ana Catarina Carrelo	UFCT	SEN	21	00:40:32
40	385	Sara Neto	CFB	SEN	22	00:40:36
41	482	Ana Silva	EAT	SEN	23	00:40:37
42	739	Sílvia Silva	QTRILHO	SEN	24	00:40:48
43	874	Beatriz Rios	SCP	JUN	6	00:40:56
44	485	Alice Oliveira	EAT	SEN	25	00:41:02
45	868	Sara Cruz	SCP	JUN	7	00:41:06
46	39	Tânia Cruz	ACRSD	VET 35	8	00:41:09
47	95	Ana Nunes	ADL-P	SEN	26	00:41:11

48	158	Lara Costa	ARAC	JUN	8	00:41:22
49	435	Ana Eustáquio	CPTSC	VET 40	3	00:41:22
50	1306	Cátia Mendes	Individual	SEN	27	00:41:45
51	626	Lídia Pereira	GRE-AA	VET 55	1	00:41:50
52	41	Carolina Escada	ACRSD	SEN	28	00:42:01
53	481	Daniela Gregório	EAT	SEN	29	00:42:05
54	410	Carla Almeida	CFP	SEN	30	00:42:24
55	279	Andreia Cunha	CDFE	VET 35	9	00:42:24
56	736	Catarina Lourenço	QFC	VET 40	4	00:42:30
57	826	Diana Almeida	SCB	SEN	31	00:42:36
58	810	Ana Rebelo	RUNTEJO	SEN	32	00:42:43
59	57	Deonilde Costa	ACV	VET 45	5	00:42:45
60	786	Alexandra Portela	RUNTEJO	VET 50	1	00:42:57
61	405	Anita Alves	CFOD	SEN	33	00:43:08
62	94	Carla Nunes	ADL-P	SEN	34	00:43:10
63	169	Cátia Rodrigues	ARC-EAC	SEN	35	00:43:18
64	151	Antónia Jordão	ANE	VET 45	6	00:43:25
65	479	Deolinda Oliveira	EAT	VET 50	2	00:43:40
66	281	Margarida Dionísio	CDFE	VET 35	10	00:43:45
67	866	Sofia Silva	SCP	JUN	9	00:43:46
68	512	Júlia Conceição	FCPF	VET 50	3	00:43:50
69	1406	Fátima Oliveira	TEMOS PENA	VET 50	4	00:43:58
70	986	Liliana Gonçalves	CAST	VET 40	5	00:44:13
71	137	Graça Costa	AMONT	VET 55	2	00:44:17
72	748	Carolina Ribeiro	RDA	JUN	10	00:44:37
73	935	Filipa Moutinho	UFCT	VET 40	6	00:44:37
74	480	Júlia Sousa	EAT	VET 50	5	00:44:39
75	651	Tânia Silva	LFC-F	SEN	36	00:44:41
76	34	Vanda Ribeiro	ACRSD	VET 45	7	00:44:49
77	312	Jamila Dionísio	CDQ	VET 45	8	00:44:55
78	157	Chantal Xhervelle	ANE	VET 50	6	00:44:56
79	641	Sara Nunes	IND	VET 40	7	00:44:59
80	591	Guilhermina Rebola	GDD	VET 45	9	00:45:05
81	83	Ana Pereira	ADCCJC	JUN	11	00:45:20
82	808	Bárbara Rita Abreu	RUNTEJO	SEN	37	00:45:27
83	647	Matilde Baptista	JAM	VET 55	3	00:45:29
84	419	Célia Matias	CPM	VET 40	8	00:45:33
85	522	Patrícia Ferreira	FCPF	VET 35	11	00:45:37
86	706	Rosa Pinto	NPCAD	VET 55	4	00:45:38
87	760	Claudia Pereira	RUNFORCE	VET 45	10	00:45:42
88	1330	Marta Carvalho	Joane CC	VET 45	11	00:45:43
89	502	Sandra Maciel	ELCT	VET 35	12	00:45:46
90	444	Helena Machado	CRCANDO	VET 35	13	00:45:47
91	275	Dora Sá	CDFE	VET 45	12	00:45:52
92	812	Sara Lobo	RUNTEJO	SEN	38	00:45:55
93	404	Gabriela Almeida	CFOD	JUN	12	00:45:55
94	779	Marta Caeiro	RUNRIVER	SEN	39	00:46:00
95	139	Claudia Figueiredo	ANE	VET 45	13	00:46:01
96	1374	Filipa Simões	SDESCULPAS	SEN	40	00:46:02
97	415	Maria Monteiro	CPM	VET 55	5	00:46:04
98	377	Paula Fernandes	CFB	VET 40	9	00:46:06
99	418	Paula Martinho	CPM	VET 40	10	00:46:08
100	14	Helena Santos	ACA	VET 50	7	00:46:09
101	500	Sofia Peixoto	ELCT	VET 35	14	00:46:20
102	393	Alice Couto	CFOD	VET 55	6	00:46:23

103	463	Anabela Silva	EAROS	VET 45	14	00:46:28
104	553	Inês Neto	GCB	VET 40	11	00:46:38
105	897	Raquel Vasconcelos	SCS	VET 40	12	00:46:44
106	289	Joana Santos	CDFE	JUN	13	00:46:59
107	616	Fátima Dantas	GJVP	VET 55	7	00:47:08
108	592	Anjos Moreira	GDD	VET 50	8	00:47:19
109	503	Marisa Fernandes	ELCT	VET 35	15	00:47:22
110	800	Elisabete Macedo	RUNTEJO	VET 40	13	00:47:28
111	687	Mónica Rodrigues	NBA	VET 45	15	00:47:32
112	397	Carla Rodrigues	CFOD	VET 50	9	00:47:47
113	717	Susana Bettencourt	NSIT	VET 40	14	00:47:52
114	806	Telma Sofia Silva	RUNTEJO	SEN	41	00:47:56
115	941	Ana Ribeiro	UFCT	SEN	42	00:48:02
116	540	Itala Marx	GCB	SEN	43	00:48:06
117	150	Dina Oliveira	ANE	VET 40	15	00:48:15
118	1293	Elisabete Pires	Individual	SEN	44	00:48:16
119	1303	Ana Lourenço	Individual	SEN	45	00:48:26
120	814	Maria Luís Santos	RUNTEJO	SEN	46	00:48:27
121	434	Manuela Gonçalves	CPTSC	VET 50	10	00:48:27
122	600	Marlene Martins	GDRG	VET 40	16	00:48:31
123	446	Ana Oliveira	CSJSC	SEN	47	00:48:31
124	1289	Sandra Gomes	Individual	SEN	48	00:48:40
125	550	Rosária Sebastião	GCB	VET 40	17	00:48:43
126	1296	Adriana Moura	Individual	SEN	49	00:48:44
127	715	Alexandra Vieira	NSIT	VET 50	11	00:48:46
128	302	Ana Neves	CDP	VET 45	16	00:48:49
129	362	Anabela Ferreira	CFB	VET 50	12	00:48:52
130	1096	Priscila Nantua	CR Candoso	VET 35	16	00:49:10
131	1331	Sandra Mesquita	Joane Corr	VET 45	17	00:49:12
132	250	Conceição Pereira	CAVF	VET 55	8	00:49:14
133	298	Fátima Silva	CDP	VET 50	13	00:49:18
134	599	Isabel Oliveira	GDRG	VET 45	18	00:49:20
135	171	Sandra Matos	ARLVG	VET 45	19	00:49:20
136	1405	Luísa Oliveira	TEMOS PENA	VET 45	20	00:49:24
137	549	Delmina Romão	GCB	VET 45	21	00:49:33
138	445	Maria Oliveira	CSJSC	SEN	50	00:49:36
139	277	Graça Beleza	CDFE	VET 40	18	00:49:39
140	1421	Rosa Araujo	Individual	VET 55	9	00:49:42
141	77	Marta Sousa	ADCCJC	VET 40	19	00:49:47
142	132	Maria Antónia Bessa	AMA-P	VET 50	14	00:49:54
143	557	Catarina Lopes	GCB	SEN	51	00:49:59
144	147	Sofia Pinheiro	ANE	VET 45	22	00:50:13
145	80	Maria Nunes	ADCCJC	VET 35	17	00:50:36
146	693	Maria Pinto	NBA	VET 35	18	00:50:41
147	144	Ana Rosário	ANE	VET 45	23	00:50:45
148	789	Anabela Salazar	RUNTEJO	VET 50	15	00:51:03
149	276	Sónia Beleza	CDFE	VET 40	20	00:51:04
150	593	Rute Oliveira	GDD	VET 45	24	00:51:06
151	718	Ana Melo	NSIT	SEN	52	00:51:11
152	27	Helena Mourão	ACRSD	VET 55	10	00:51:13
153	474	Bruna Ortiga	EAROS	SEN	53	00:51:16
154	468	Liliana Santos	EAROS	VET 35	19	00:51:16
155	539	Bianca Albuquerque	GCB	SEN	54	00:51:25
156	695	Márcia Silva	NBA	VET 35	20	00:51:27
157	85	Carina Ferreira	ADCCJC	JUN	14	00:51:32

158	916	Anabela Santos	SSTSJM	VET 50	16	00:51:33
159	1007	CRISTIANA RIBEIRO	ACB BRITO	VET 40	21	00:51:46
160	1143	Susana Forte	Gavionas	VET 45	25	00:51:51
161	304	Conceição Santos	CDP	VET 40	22	00:51:59
162	1244	Tânia Filipa Miranda Salgado	Individual	VET 40	23	00:52:06
163	72	Adélia Tavares	ADCCJC	VET 55	11	00:52:11
164	1058	Fernanda	Bem casada	VET 35	21	00:52:18
165	809	Andreia Pereira	RUNTEJO	SEN	55	00:52:24
166	17	Adelaide Almeida	ACA	VET 45	26	00:52:29
167	1327	Paula Couto	Joane C C	VET 50	17	00:52:38
168	1390	Maria Carvalho	0	SEN	56	00:52:39
169	545	Anabela Possacos	GCB	VET 50	18	00:52:47
170	272	Fátima Eusébio	CDCNAV	SEN	57	00:52:59
172	689	Maria José Lopes	NBA	VET 45	27	00:53:03
173	790	Cláudia Borralho	RUNTEJO	VET 45	28	00:53:03
174	548	Adélia Sendas	GCB	VET 45	29	00:53:07
175	395	Ana Pereira	CFOD	VET 55	12	00:53:11
176	1098	Lia Esteves	Colégio Av	VET 40	24	00:53:26
177	288	Inês Correia	CDFE	JUN	15	00:53:34
178	618	Fátima Barros	GJVP	VET 40	25	00:53:45
179	1146	Rosario Hora	Hora	VET 35	22	00:53:48
180	75	Elisabete Barbosa	ADCCJC	VET 45	30	00:53:51
181	82	Filipa Martins	ADCCJC	SEN	58	00:53:52
182	1229	Arcília Terroso	Individual	VET 40	26	00:54:03
183	1259	Aldina Silva	Individual	VET 35	23	00:54:03
184	770	Susana Vasconcelos	RUNRIVER	VET 45	31	00:54:12
185	1366	Andreia Carvalho	Quebrarit	VET 35	24	00:54:15
186	1328	Anabela Carvalho Martins	Joane CC	VET 40	27	00:54:17
187	1066	MARIA CÉU PARENTE	CDC NAV	VET 45	32	00:54:23
188	1309	Catarina Dias Borges	Individual	JUN	16	00:54:46
189	21	Sónia Monteiro	ACA	VET 40	28	00:55:06
190	1408	Silvia Oliveira	TEMOS PENA	VET 40	29	00:55:09
191	1407	Susana Barros	TEMOS PENA	VET 40	30	00:55:09
192	449	Maria Santos	CUI	VET 50	19	00:55:10
193	265	Paula Gonçalves	CDCNAV	VET 50	20	00:55:11
194	1403	Goreti Silva	TEMOS PENA	VET 55	13	00:55:23
195	1231	Renata Barros	Individual	VET 40	31	00:55:24
196	915	Susana Duarte	SSTSJM	VET 50	21	00:55:25
197	1206	MARIA MANUELA COSTA E SÁ GARCIA	Individual	VET 50	22	00:55:40
198	296	Inês Silva	CDFE	JUN	17	00:55:50
199	316	Lisa Vieira	CDQ	VET 35	25	00:56:02
200	1373	Rita Augusto	SDESCULPAS	SEN	59	00:56:04
201	308	Marília Cavaco	CDQ	VET 55	14	00:56:06
202	357	Elsa Bruxelas	CFB	VET 55	15	00:56:20
203	379	Carla Nascimento	CFB	VET 40	32	00:56:20
204	1100	Juliana Costa	ColégioAve	VET 35	26	00:56:27
205	622	Rafaela Faria	GJVP	SEN	60	00:56:31
206	699	Sara Machado	NBA	SEN	61	00:56:37
207	1020	Rita Ribeiro	AMVE	VET 50	23	00:56:53
208	1018	Paula Carvalho	AMVE	VET 50	24	00:56:53
209	1037	Fátima Marinho	ARSEQUEIRÔ	VET 40	33	00:56:53
210	1268	Maria Oliveira	Individual	VET 35	27	00:56:55
211	87	Sara Sousa	ADCCJC	JUN	18	00:56:55
212	60	Elsa Soares	ACV	VET 40	34	00:56:57
213	530	Ana Neto	FCV	VET 40	35	00:57:01

214	1411	Sofia Oliveira	TEMOS PENA	VET 35	28	00:57:03
215	1064	Susana Alves	Bota&Siga	VET 40	36	00:57:07
216	1292	Noemia Monteiro	Individual	SEN	62	00:57:16
217	1222	Vera Gonçalves	Individual	VET 45	33	00:57:17
218	76	Manuela Rodrigues	ADCCJC	VET 45	34	00:57:25
219	309	Susana Sobral	CDQ	VET 45	35	00:57:29
220	1348	Manuela Rocha	MFR	VET 35	29	00:57:33
221	1397	Carla Ferreira	TEMOS PENA	VET 45	36	00:57:43
222	1223	Ana Paula Silva Ferreira	Individual	VET 40	37	00:58:44
223	372	Carla Coelho	CFB	VET 45	37	00:58:46
224	416	Isabel Tomé	CPM	VET 50	25	00:58:48
225	1321	Maria do Carmo Carvalho Vilela Machado	Improve	VET 55	16	00:59:02
226	769	Fátima Aguiar	RUNRIVER	VET 55	17	00:59:04
227	1063	Marisa Gouveia	Bota&Siga	VET 40	38	00:59:05
228	1346	Maria Correia	M.J.M.	VET 50	26	00:59:08
229	380	Inês Bernardo	CFB	VET 40	39	00:59:08
230	1254	Cláudia Sofia Silva Leite	Individual	VET 35	30	00:59:12
231	1031	Margarida Pinto	ARPO	VET 50	27	00:59:30
232	141	Vanda Augusto	ANE	VET 55	18	00:59:34
233	908	Leonor Mendonça	SCS	SEN	63	00:59:50
234	1266	Isabel costa	Individual	VET 35	31	00:59:52
235	1243	Paula Fernandes	Individual	VET 40	40	00:59:57
236	1195	Isabel Araújo	Individual	VET 45	38	00:59:57
237	1115	Natália Santos	FAMARUNNER	VET 40	41	01:00:02
238	543	Glória Pereira	GCB	VET 55	19	01:00:48
239	319	Vlada Yatsyno	CDQ	SEN	64	01:00:52
240	327	Hermínia Pereira	CDSSC	VET 55	20	01:00:56
241	1251	Inês Lima	Individual	VET 40	42	01:00:57
242	1232	CARLA MARISA MARTINS DE AZEVEDO	Individual	VET 40	43	01:01:19
243	1211	Ivone Ribeiro	Individual	VET 45	39	01:01:22
244	1154	Conceição Correia	Individual	VET 55	21	01:01:30
245	1040	Liliana Pereira	ARSequeirô	VET 35	32	01:01:53
247	271	Marlene Silva	CDCNAV	SEN	65	01:02:30
248	1349	Manuela Rocha	MFR	VET 35	33	01:02:59
249	86	Fátima Barbosa	ADCCJC	JUN	19	01:03:18
250	1039	Celina Correia	ARSequeirô	VET 45	40	01:03:27
251	1054	Carla Sampaio	Arsequeirô	VET 45	41	01:03:27
252	1151	Marta Paula Dinis Rodrigues Silva	Individual	VET 55	22	01:04:21
253	1388	JOANA MONTEIRO	0	SEN	66	01:05:54
254	1215	Manuela nogueira	Individual	VET 45	42	01:06:08
255	913	Maria Fernandes	SSTSJM	VET 55	23	01:06:19
256	96	Ana Guimarães	ADL-P	JUN	20	01:08:08
257	1205	Teresa Manuela F Rocha Martins	Individual	VET 45	43	01:10:05
258	1114	Ana Paula Simões	FAMARUNNER	VET 55	24	01:10:09
259	1214	Maria José Nogueira	Individual	VET 45	44	01:11:55
260	1378	Joana Sofia Meira	EFTR	JUN	21	01:14:59
261	778	Liliana Ferreira	RUNRIVER	VET 35	34	01:17:07
262	914	Carolina Ribeiro	SSTSJM	VET 55	25	01:19:02

XXII FAMALICÃO-JOANE

2 DE OUTUBRO DE 2022

Classificação Geral Masculina

Posição	Dorsal	Nome	Clube	Escalão	Pos_Esc	Marca
1	862	Rui Pinto	SCP	SEN	1	00:29:41
2	911	Bernardo Rocha	SCS	SEN	2	00:29:43
3	880	Lucas Da Silva	SCP	SEN	3	00:29:45
4	830	Francisco Rodrigues	SCB	SEN	4	00:29:49
5	867	Miguel Marques	SCP	SEN	5	00:29:52
6	951	Samuel Freire	VFC	SEN	6	00:29:55
7	413	Filipe Vitorino	CNRM	SEN	7	00:29:56
8	855	Rui Teixeira	SCP	VET 40	1	00:29:58
9	857	Hélio Gomes	SCP	VET 35	1	00:30:04
10	828	Paulo Barbosa	SCB	SEN	8	00:30:06
11	746	Pedro Amaro	RDA	SEN	9	00:30:18
12	283	Nuno Lopes	CDFE	VET 35	2	00:30:23
13	747	João Almeida	RDA	SEN	10	00:30:25
14	824	Luís Saraiva	SCB	SEN	11	00:30:27
15	821	Tiago Costa	SCB	SEN	12	00:30:28
16	341	Rui Pedro Silva	CDSSC	VET 40	2	00:30:32
17	836	Diogo Rosário	SCB	SEN	13	00:30:32
18	745	João Amaro	RDA	SEN	14	00:30:34
19	990	Nuno Pereira	SCP	SEN	15	00:30:51
20	954	Andralino Furtado	VFC	SEN	16	00:30:52
21	816	Martim Monteiro	RUNTEJO	SEN	17	00:30:52
22	235	João Pais	CAS	SEN	18	00:30:53
23	930	Rúben Pires	UDV	JUN	1	00:30:58
24	218	Miguel Ribeiro	CAOV	VET 35	3	00:31:09
25	751	Luís Oliveira	RDA	SEN	19	00:31:10
26	233	Nuno Fernandes	CAS	SEN	20	00:31:14
27	953	Roberto Ladeiras	VFC	SEN	21	00:31:17
28	195	Rui Muga	CAMC	VET 35	4	00:31:18
29	944	João Valente	UFCT	SEN	22	00:31:18
30	829	Davide Silva	SCB	SEN	23	00:31:20
31	863	Fernando Serrão	SCP	SEN	24	00:31:21
32	733	Bruno Silva	PRC	VET 35	5	00:31:25
33	40	António Silva	ACRSD	VET 35	6	00:31:27
34	732	Pedro Ribeiro	PRC	VET 40	3	00:31:31
35	834	Miguel Moreira	SCB	SEN	25	00:31:37
36	293	Rafael Lopes	CDFE	SEN	26	00:31:43
37	854	Licínio Pimentel	SCP	VET 45	1	00:31:45
38	192	Carlos Lopes	CAMC	VET 40	4	00:31:48
39	831	Rui Borges	SCB	SEN	27	00:32:03
40	947	Ricardo Fonseca	UFCT	SEN	28	00:32:08
41	764	Vasco Ferreira	RUNFORCE	VET 35	7	00:32:12
42	47	Filipe Ferreira	ACRVC	SEN	29	00:32:14
43	187	José Carvalho	CAMC	VET 45	2	00:32:17
44	114	João Figueiredo	AFR&F	SEN	30	00:32:20
45	878	Duarte Santos	SCP	JUN	2	00:32:21
46	24	Luís Contente	ACDRSQ	SEN	31	00:32:21
47	340	José C Moreira	CDSSC	VET 40	5	00:32:23
48	869	Lourenço Ferreira	SCP	JUN	3	00:32:26

49	196	Nuno Pereira	CAMC	VET 35	8	00:32:33
50	414	Tomás Cerveira	CNRM	JUN	4	00:32:34
51	50	Carlos Rodrigues	ACRVC	SEN	32	00:32:36
52	570	José Vieira	GDCCP	SEN	33	00:32:36
53	224	Ricardo Pedra	CAOV	SEN	34	00:32:37
54	879	Leandro Monteiro	SCP	JUN	5	00:32:38
55	952	Ricardo Paixão	VFC	VET 35	9	00:32:40
56	818	Pedro Saldanha	RUNTEJO	SEN	35	00:32:46
57	332	Joaquim Figueiredo	CDSSC	VET 55	1	00:32:46
58	520	Tiago Pereira	FCPF	VET 35	10	00:32:48
59	127	Mihail Lalev	AGM	VET 40	6	00:32:49
60	937	Tiago Nuno	UFCT	VET 35	11	00:32:52
61	231	Ricardo Figueiredo	CAS	SEN	36	00:32:54
62	995	João Marques	LAVRA	SEN	37	00:32:55
63	525	Ricardo Moreira	FCPF	SEN	38	00:33:00
64	576	António Fernandes	GDCG	VET 55	2	00:33:02
65	420	Cristiano Pereira	CPM	SEN	39	00:33:04
66	384	Vítor Oliveira	CFB	SEN	40	00:33:05
67	633	Fábio Abrantes	GRE-AA	SEN	41	00:33:07
68	344	Nuno Miguel Costa	CDSSC	VET 40	7	00:33:12
69	294	Nuno Alves	CDFE	SEN	42	00:33:12
70	285	Tiago Madureira	CDFE	SEN	43	00:33:15
71	825	João Alves Lopes	SCB	SEN	44	00:33:15
72	45	Bruno Jesus	ACRVC	VET 40	8	00:33:16
73	1400	Bruno Miguel Martins Carvalho	Talho mane	VET 35	12	00:33:20
74	876	Rodrigo Lima	SCP	JUN	6	00:33:22
75	170	Tomás Carriço	ARC-EAC	SEN	45	00:33:23
76	848	Ricardo Barros	SCE	VET 35	13	00:33:25
77	850	João Trigueiros	SCE	SEN	46	00:33:25
78	523	Fábio Barbosa	FCPF	SEN	47	00:33:27
79	506	André Silva	ELCT	SEN	48	00:33:28
80	983	João Costa	VTSC	SEN	49	00:33:29
81	138	Augusto Costa	AMONT	VET 50	1	00:33:34
82	928	Marco Ferreira	UDV	VET 45	3	00:33:34
83	797	Carlos Tiago	RUNTEJO	VET 40	9	00:33:37
84	336	João Pereira	CDSSC	VET 45	4	00:33:38
85	585	Helder Santos	GDCG	VET 35	14	00:33:44
86	537	Nuno Ferreira	GAC-L	SEN	50	00:33:46
87	942	Tiago Godinho	UFCT	SEN	51	00:33:47
88	166	Nelson Oliveira	ARC-EAC	VET 40	10	00:33:47
89	136	João Magalhães	AMA-P	JUN	7	00:33:48
90	906	Hugo Daniel Santos	SCS	SEN	52	00:33:48
91	46	Bruno Freitas	ACRVC	VET 40	11	00:33:49
92	212	Miguel Meira	CAOV	VET 40	12	00:33:53
93	554	Nuno Quitério	GCB	VET 35	15	00:34:01
94	476	João Rodrigues	EAROS	JUN	8	00:34:01
95	870	André Massaça	SCP	SEN	53	00:34:05
96	38	Marco Marques	ACRSD	VET 35	16	00:34:07
97	156	Nuno Raposo	ANE	SEN	54	00:34:07
98	581	Artur Rodrigues	GDCG	VET 45	5	00:34:09
99	569	Vítor Barbosa	GDCCP	VET 40	13	00:34:14
100	1375	FERNANDO Manuel da Silva GRILLO	SIRA	VET 45	6	00:34:16
101	155	Alexandre Tiago	ANE	SEN	55	00:34:19
102	587	João Pedro Casal	GDCG	SEN	56	00:34:19
103	713	Sérgio Rodrigues	NPCAD	VET 35	17	00:34:19
104	247	Luís Martins	CATCTDT	VET 40	14	00:34:20

105	477	Rui Oliveira	EAROS	SEN	57	00:34:23
106	938	Marco Francisco	UFCT	VET 35	18	00:34:24
107	765	Carlos Bessa	RUNFORCE	SEN	58	00:34:24
108	124	Paulo Morais	AGM	VET 40	15	00:34:25
109	754	Ricardo Santos	RDA	SEN	59	00:34:26
110	359	Isaias Gomes	CFB	SEN	60	00:34:26
111	113	Pedro Cardoso	AFR&F	SEN	61	00:34:29
112	375	Luís Brito	CFB	VET 45	7	00:34:31
113	409	Tiago Graça	CFP	VET 35	19	00:34:34
114	536	José Pinto	FCV	JUN	9	00:34:38
115	921	António Costa	UDV	VET 50	2	00:34:40
116	262	Marco Santos	CBRUN	SEN	62	00:34:42
117	957	Marco Faria	VIZELA	VET 45	8	00:34:45
118	982	Bruno Abreu	VTSC	SEN	63	00:34:49
119	740	Alberto Fonte	RDA	VET 45	9	00:34:52
120	931	Eurico Pereira	UDV	SEN	64	00:34:52
121	803	Nuno Carraça	RUNTEJO	SEN	65	00:34:54
122	579	Paulo Pereira	GDCG	VET 45	10	00:34:57
123	980	João Paulo Alves	VTSC	SEN	66	00:34:57
124	436	João Albano	CPTSC	JUN	10	00:34:57
125	586	Jorge Cubal	GDCG	VET 35	20	00:35:00
126	630	Ricardo Sousa	GRE-AA	SEN	67	00:35:01
127	701	Tiago Nunes	NBA	JUN	11	00:35:04
128	979	Pedro Barreira	VTSC	VET 35	21	00:35:05
129	716	Eduardo Sousa	NSIT	VET 45	11	00:35:05
130	117	José Manuel Andrade	AGM	VET 50	3	00:35:08
131	516	Mark Macedo	FCPF	VET 40	16	00:35:09
132	692	Jorge Neto	NBA	VET 35	22	00:35:09
133	515	Manuel Bessa	FCPF	VET 40	17	00:35:09
134	583	António Cristóvão	GDCG	VET 40	18	00:35:10
135	251	Rui Pereira	CBCB	SEN	68	00:35:12
136	807	Miguel Pinto	RUNTEJO	SEN	69	00:35:12
137	756	André Fonte	RDA	SEN	70	00:35:18
138	370	Paulo Garcia	CFB	VET 45	12	00:35:22
139	246	Rui Rodrigues	CATCTDT	VET 40	19	00:35:24
140	248	André Pais	CATCTDT	SEN	71	00:35:25
141	168	Carlos Costa	ARC-EAC	SEN	72	00:35:27
142	805	Vasco Marta	RUNTEJO	SEN	73	00:35:29
143	48	Marco Pinho	ACRVC	SEN	74	00:35:29
144	342	Nuno Queiroz	CDSSC	VET 40	20	00:35:31
145	232	Paulo Mendes	CAS	SEN	75	00:35:33
146	849	Diogo Miguéis	SCE	SEN	76	00:35:33
147	133	Paulo Ribeiro	AMA-P	VET 50	4	00:35:33
148	653	Eduardo Salazar	LFC-F	JUN	12	00:35:33
149	612	Rui Alves	GDSPPO	SEN	77	00:35:33
150	172	Francisco Graça	ASCV	JUN	13	00:35:35
151	37	Tiago Marques	ACRSD	VET 45	13	00:35:36
152	12	Paulo Pereira	AAC	SEN	78	00:35:38
153	217	Hélder Soares	CAOV	VET 35	23	00:35:40
154	723	Ricardo Sousa	PCC	SEN	79	00:35:44
155	853	Rui Ferreira	SCE	JUN	14	00:35:44
156	230	Tiago Correia	CAS	VET 35	24	00:35:44
157	568	Luís Santos	GDCCP	VET 40	21	00:35:45
158	763	Nuno Machado	RUNFORCE	VET 35	25	00:35:46
159	464	Rui Ramos	EAROS	VET 45	14	00:35:49
160	199	Daniel Cruz	CAMC	SEN	80	00:35:50

161	261	João Da Cruz	CBRUN	VET 35	26	00:35:53
162	629	João Coentrão	GRE-AA	SEN	81	00:35:57
163	949	Júlio Couceiro	UFCT	JUN	15	00:36:00
164	326	Joaquim Lopes	CDSSC	VET 55	3	00:36:01
165	458	Paulo Oliveira	DRGN	SEN	82	00:36:02
166	67	Patrício Castro	ACVSM	VET 45	15	00:36:03
167	43	Ricardo Opinião	ACRSD	SEN	83	00:36:04
168	561	Pablo Rego Alves	GCB	SEN	84	00:36:04
169	948	Pedro Saldanha	UFCT	SEN	85	00:36:05
170	538	António Curto	GCAD	SEN	86	00:36:06
171	437	Rúben Fortunato	CPTSC	SEN	87	00:36:07
172	1189	Domingos Fernandes	Individual	VET 55	4	00:36:10
173	471	Rui Fernandes	EAROS	SEN	88	00:36:12
174	682	Paulo Silva	NAZA	VET 45	16	00:36:12
175	864	João Pereira	SCP	JUN	16	00:36:13
176	721	João Monteiro	PCC	VET 35	27	00:36:14
177	519	António Teixeira	FCPF	VET 40	22	00:36:15
178	970	Joaquim Pacheco	VTSC	VET 50	5	00:36:16
179	677	Virgílio Gomes	NAZA	VET 50	6	00:36:17
180	453	Rafael Canaria	CUI	SEN	89	00:36:17
181	55	Pedro Ferreira	ACV	VET 45	17	00:36:18
182	912	Grabiél Murillo	SCS	VET 35	28	00:36:18
183	209	Sérgio Paiva	CAO	VET 35	29	00:36:21
184	32	Augusto Cardoso	ACRSD	VET 50	7	00:36:25
185	245	Carlos Ribeiro	CATCTDT	VET 45	18	00:36:25
186	314	Nuno Marques	CDQ	VET 45	19	00:36:26
187	382	João Gonçalves	CFB	VET 35	30	00:36:28
188	331	José Moreira	CDSSC	VET 50	8	00:36:28
189	852	Tiago Rosas	SCE	SEN	90	00:36:29
190	475	Francisco Silva	EAROS	JUN	17	00:36:29
191	773	Vítor Ramos	RUNRIVER	VET 40	23	00:36:32
192	887	Joaquim Alves	SCS	VET 50	9	00:36:35
193	49	Bruno Queirós	ACRVC	SEN	91	00:36:36
194	408	Sandro Baessa	CFOD	SEN	92	00:36:39
195	455	Paulo Pereira	DRGN	VET 45	20	00:36:40
196	180	Élvio Silva	CAFH	VET 35	31	00:36:40
197	521	Jorge Santos	FCPF	VET 35	32	00:36:43
198	328	Abílio Costa	CDSSC	VET 55	5	00:36:44
199	182	Miguel Gonçalves	CAFH	VET 40	24	00:36:45
200	664	José Silva	MCVC	VET 45	21	00:36:45
201	104	João Pereira	AFIS	VET 55	6	00:36:45
202	97	Sérgio Paiva	ADNO	VET 50	10	00:36:46
203	280	Ricardo Gomes	CDFE	VET 35	33	00:36:46
204	407	Nelson Barbosa	CFOD	JUN	18	00:36:47
205	290	Rodrigo Silva	CDFE	JUN	19	00:36:47
206	943	Milton Santos	UFCT	SEN	93	00:36:47
207	845	Rui Santos	SCE	VET 50	11	00:36:48
208	564	Ricardo Neves	GDAIRAO	SEN	94	00:36:48
209	738	Hélder Silva	QTRILHO	VET 40	25	00:36:49
210	994	Orlando Neves	LAVRA	VET 50	12	00:36:49
211	126	Erick Araújo	AGM	SEN	95	00:36:50
212	417	Fernando Santos	CPM	VET 45	22	00:36:51
213	643	Flávio Gonçalves	IND	VET 35	34	00:36:53
214	674	Paulo Rola	NAZA	VET 55	7	00:36:54
215	220	André Machado	CAOV	SEN	96	00:36:54
216	493	Jorge Vale	ELCT	VET 50	13	00:36:55

217	130	Paulo Benevente	AJPINA	VET 40	26	00:36:55
218	755	Lourenço Ferreira	RDA	JUN	20	00:36:55
219	1300	João Fernandes	Individual	SEN	97	00:36:57
220	946	Ricardo Saldanha	UFCT	SEN	98	00:36:57
221	574	José Tavares	GDCG	VET 55	8	00:36:59
222	333	Gil Ferreira	CDSSC	VET 50	14	00:37:02
223	597	António Lourenço	GDRG	VET 50	15	00:37:02
224	722	David Silva	PCC	SEN	99	00:37:04
225	976	Vasco Batista	VTSC	VET 45	23	00:37:04
226	902	Mário Teixeira	SCS	VET 40	27	00:37:04
227	111	Agostinho Figueiredo	AFR&F	VET 40	28	00:37:08
228	851	Hernani Furtado	SCE	VET 40	29	00:37:10
229	178	Miguel Passos	CAFH	VET 45	24	00:37:12
230	899	Rui Taborda	SCS	VET 40	30	00:37:12
231	580	Luís Silva	GDCG	VET 40	31	00:37:13
232	305	Américo Moreira	CDP	SEN	100	00:37:14
233	181	Énio Silva	CAFH	VET 35	35	00:37:16
234	839	João Oliveira	SCBM	SEN	101	00:37:17
235	1228	Nuno Romeu	Individual	VET 40	32	00:37:17
236	71	Bruno Teixeira	ADAM	VET 40	33	00:37:18
237	798	Joel Pena	RUNTEJO	VET 35	36	00:37:18
238	794	Nuno Fernandes	RUNTEJO	VET 45	25	00:37:19
239	924	Carlos Costa	UDV	VET 45	26	00:37:21
240	210	Samuel Veiga	CAOV	SEN	102	00:37:22
241	672	Jorge Rodrigues	NAZA	VET 55	9	00:37:24
242	707	António Jesus	NPCAD	VET 55	10	00:37:25
243	11	Rui Lopes	AAC	VET 45	27	00:37:27
244	93	Miguel Coelho	ADL-P	SEN	103	00:37:27
245	388	José Ferreira	CFB	JUN	21	00:37:29
246	35	João Paulo Ferreira	ACRSD	VET 45	28	00:37:29
247	680	Paulo Costa	NAZA	VET 45	29	00:37:32
248	572	Manuel F Ferreira	GDCG	VET 55	11	00:37:33
249	639	José Vilela	IND	VET 50	16	00:37:34
250	142	João Veiga	ANE	VET 55	12	00:37:34
251	725	Naim Ketfi	PCC	SEN	104	00:37:36
252	1227	Paulo Gomes	Individual	VET 40	34	00:37:37
253	871	Miguel Massuça	SCP	JUN	22	00:37:39
254	28	Mário Silva	ACRSD	VET 55	13	00:37:41
255	164	Jorge Santos	ARC-EAC	VET 50	17	00:37:42
256	965	André Natário	VIZELA	SEN	105	00:37:43
257	330	Mário Contreiras	CDSSC	VET 50	18	00:37:47
258	1325	Joaquim Oliveira	JRunP	VET 50	19	00:37:53
259	1324	Manuel Cardoso	JRunP	VET 55	14	00:37:53
260	977	João Jesus Silva	VTSC	VET 45	30	00:37:58
261	90	Manuel Costa	ADL-P	VET 55	15	00:37:58
262	927	Nelson Magalhaes	UDV	VET 40	35	00:37:59
263	179	Raúl Goulart	CAFH	VET 45	31	00:38:00
264	193	Tiago Valente	CAMC	VET 35	37	00:38:01
265	678	José Jarmela	NAZA	VET 55	16	00:38:04
266	987	Sérgio Santos	GCAD	VET 45	32	00:38:10
267	255	Alexandre Venâncio	CBF	SEN	106	00:38:10
268	676	João Ginja	NAZA	VET 55	17	00:38:12
269	1059	Rui Silva	BoschBraga	VET 40	36	00:38:14
270	922	Filipe Leite	UDV	VET 50	20	00:38:15
271	655	Miguel Ribeiro	MAC	SEN	107	00:38:16
272	253	Amaro Teixeira	CBF	SEN	108	00:38:17

273	710	Pedro Teixeira	NPCAD	VET 45	33	00:38:19
274	146	Carlos Arieiro	ANE	VET 45	34	00:38:19
275	955	Alexandre Ferreira	VIZELA	VET 55	18	00:38:20
276	335	Sílvio Guimarães	CDSSC	VET 45	35	00:38:22
277	627	Pedro Carneiro	GRE-AA	VET 45	36	00:38:23
278	1111	José Araújo	EARO	VET 45	37	00:38:24
279	960	Paulo Martins	VIZELA	VET 40	37	00:38:26
280	984	Alfredo Fernandes	VTSC	SEN	109	00:38:28
281	650	Adelino Fernandes	LFC-F	VET 55	19	00:38:28
282	489	Luís Dantas	EDL	VET 35	38	00:38:29
283	920	Joaquim Rocha	UDV	VET 55	20	00:38:32
284	817	Luís Jorge Teixeira	RUNTEJO	SEN	110	00:38:36
285	918	Pedro Terra	SSTSJM	VET 55	21	00:38:37
286	70	Paulo Oliveira	ACVSM	SEN	111	00:38:37
287	972	Manuel F Mendes	VTSC	VET 50	21	00:38:37
288	1109	Helder Filipe Duarte Silva	EARO	VET 40	38	00:38:39
289	774	André Soares	RUNRIVER	VET 40	39	00:38:39
290	381	Bruno Paixão	CFB	VET 40	40	00:38:39
291	785	Paulo Arrenega	RUNTEJO	VET 55	22	00:38:40
292	607	Manuel Belinha	GDSP0	VET 40	41	00:38:40
293	184	Carlos Carneiro	CAMC	VET 50	22	00:38:40
294	555	Bruno Pires	GCB	VET 35	39	00:38:41
295	666	José Madeira	MCVC	SEN	112	00:38:41
296	838	Rui Machado	SCBM	VET 45	38	00:38:47
297	423	José Monteiro	CPTBC	VET 55	23	00:38:49
298	507	Henrique Pires	ELCT	SEN	113	00:38:51
299	640	Ricardo Rodrigues	IND	VET 45	39	00:38:52
300	709	Jorge Luz	NPCAD	VET 55	24	00:38:52
301	486	Filipe Lima	EDL	VET 45	40	00:38:53
302	925	Jorge Cunha	UDV	VET 45	41	00:38:53
303	123	Marco Pinto	AGM	VET 40	42	00:38:53
304	31	Rui Alves	ACRSD	VET 50	23	00:38:54
305	58	Licínio Carreira	ACV	VET 45	42	00:38:54
306	406	Cristiano Pereira	CFOD	SEN	114	00:38:55
307	567	Sérgio Azevedo	GDCCP	VET 45	43	00:38:57
308	900	Paulo Oliveira	SCS	VET 35	40	00:38:57
309	1362	Adriano Ferreira	OQQE Monte	VET 35	41	00:38:58
310	102	Cláudio Araújo	ADOSA	VET 40	43	00:39:01
311	844	Augusto Aluai	SCE	VET 50	24	00:39:02
312	473	Joel Silva	EAROS	SEN	115	00:39:03
313	402	Hélder Silva	CFOD	VET 40	44	00:39:05
314	684	Simão Seíça	NAZA	VET 35	42	00:39:08
315	518	Joaquim Pinheiro	FCPF	VET 40	45	00:39:14
316	956	Carlos Monteiro	VIZELA	VET 45	44	00:39:16
317	153	Filipe Correia	ANE	VET 35	43	00:39:16
318	1383	Mário Saraiva	0	VET 40	46	00:39:19
319	112	Paulo Leça	AFR&F	VET 35	44	00:39:20
320	780	Daniel Silva	RUNRIVER	SEN	116	00:39:21
321	115	Rafael Fernandes	AFR&F	SEN	117	00:39:23
322	646	Daniel Sousa	IND	SEN	118	00:39:26
323	1182	JOSE ARAUJO	Individual	VET 50	25	00:39:27
324	259	Pedro Lopes	CBRUN	VET 35	45	00:39:28
325	1056	José Afonso Teixeira Torres	AvesRuners	VET 45	45	00:39:30
326	42	Diogo Fernandes	ACRSD	SEN	119	00:39:32
327	354	Rodolfo Vilela	CFB	SEN	120	00:39:33
328	508	João Bernardino	ELCT	SEN	121	00:39:38

329	619	Sérgio Lima	GJVP	VET 40	47	00:39:46
330	714	Ricardo Gomes	NPCAD	VET 35	46	00:39:46
331	775	Eduardo Brandão	RUNRIVER	VET 40	48	00:39:46
332	788	Carlos Freitas	RUNTEJO	VET 50	26	00:39:48
333	106	Fernando Figueiredo	AFR&F	VET 55	25	00:39:50
334	452	Nuno Pires	CUI	VET 35	47	00:39:52
335	205	Rui Costa	CAO	VET 45	46	00:39:53
336	1248	Miguel Silva	Individual	VET 40	49	00:39:54
337	66	Manuel Ribeiro	ACVSM	VET 45	47	00:39:55
338	566	Vítor Pinheiro	GDCCP	VET 45	48	00:39:55
339	546	Jorge Pires	GCB	VET 50	27	00:39:56
340	122	José Marques	AGM	VET 40	50	00:39:56
341	791	Jorge Nunes	RUNTEJO	VET 45	49	00:39:57
342	811	António Boné	RUNTEJO	SEN	122	00:39:58
343	1347	Augusto Lopes	M.J.M.	VET 45	50	00:39:58
344	207	Carlos Sequeira	CAO	VET 40	51	00:40:00
345	203	Dinis Batista	CAO	VET 45	51	00:40:01
346	79	Fernando Sousa	ADCCJC	VET 35	48	00:40:02
347	1238	Fábio Machado	Individual	VET 40	52	00:40:03
348	589	Leandro Pereira	GDCG	JUN	23	00:40:04
349	795	Elias Fortes	RUNTEJO	VET 55	26	00:40:05
350	727	Augusto Antunes	PRC	VET 55	27	00:40:05
351	201	João Chumbo	CAMC	SEN	123	00:40:05
352	985	Tiago Magalhães	CAST	SEN	124	00:40:06
353	499	Nelson Costa	ELCT	VET 35	49	00:40:07
354	376	Luís Marçal	CFB	VET 45	52	00:40:09
355	544	Orlando Alves	GCB	VET 55	28	00:40:09
356	495	Vítor Azevedo	ELCT	VET 50	28	00:40:09
357	793	Pedro Burrica	RUNTEJO	VET 45	53	00:40:10
358	997	Ricardo Saraiva	GRE-AA	VET 50	29	00:40:10
359	517	Carlos Ferreira	FCPF	VET 45	54	00:40:11
360	22	Diogo Loureiro	ACA	JUN	24	00:40:15
361	847	Simão Santos	SCE	VET 45	55	00:40:17
362	534	César Silva	FCV	JUN	25	00:40:17
363	204	Pedro Silva	CAO	VET 45	56	00:40:19
364	1342	Ricardo Oliveira	LFC-F	VET 45	57	00:40:19
365	129	Bruno Rolim	AJPINA	VET 40	53	00:40:20
366	128	Abulai Dabo	AJPINA	SEN	125	00:40:20
367	119	Paulo Matos	AGM	VET 50	30	00:40:22
368	958	Pedro Cunha	VIZELA	VET 40	54	00:40:23
369	996	Paulo Lopes	ELCT	VET 35	50	00:40:25
370	68	Filipe Fontes	ACVSM	VET 40	55	00:40:27
371	898	Nelson Carvalhosa	SCS	VET 40	56	00:40:29
372	594	Diogo Jacinto	GDRCP	SEN	126	00:40:30
373	229	Cesário Simões	CAS	VET 50	31	00:40:32
374	729	Miguel Costa	PRC	VET 40	57	00:40:33
375	315	Luís Massapina	CDQ	VET 40	58	00:40:36
376	78	Carlos Sousa	ADCCJC	VET 35	51	00:40:36
377	1022	Justino Costa	AMVE	VET 55	29	00:40:37
378	907	António Moura	SCS	SEN	127	00:40:44
379	465	Rui Martins	EAROS	VET 45	58	00:40:45
380	606	Armando Bastos	GDSP0	VET 45	59	00:40:46
381	267	Jorge Fontes	CDCNAV	VET 40	59	00:40:47
382	1164	JOAO CARLOS OLIVEIRA	Individual	VET 55	30	00:40:48
383	645	Jorge Gonçalves	IND	VET 35	52	00:40:53
384	1133	José Barquero	GAVIÕES	VET 45	60	00:40:54

385	690	Ramiro Ribeiro	NBA	VET 40	60	00:40:55
386	575	Lino Ferreira	GDCG	VET 50	32	00:40:58
387	688	José Pedrosa	NBA	VET 45	61	00:41:00
388	412	Carlos Moreira	CLX	VET 55	31	00:41:02
389	227	Luís Filipe Rosa	CAS	VET 50	33	00:41:05
390	355	Vicent Sobrinho	CFB	VET 55	32	00:41:06
391	686	Flávio Fernandes	NBA	VET 50	34	00:41:07
392	152	Pedro Amigo	ANE	VET 40	61	00:41:13
393	15	Arlindo Sousa	ACA	VET 55	33	00:41:15
394	578	Manuel Urbano	GDCG	VET 50	35	00:41:21
395	842	Paulo Oliveira	SCE	VET 50	36	00:41:21
396	662	Virgílio Figueiredo	MCVC	VET 50	37	00:41:24
397	1345	José Alves	M.J.M.	VET 55	34	00:41:27
398	101	Luís Filipe Silva	ADOSA	VET 40	62	00:41:27
399	1368	Ângelo Costa	RafaTeam	VET 40	63	00:41:31
400	726	Jorge Sousa	PCC	JUN	26	00:41:32
401	552	Alírio Sebastião	GCB	VET 45	62	00:41:33
402	562	Manuel G. Azevedo	GDAIRAO	VET 55	35	00:41:33
403	257	Diogo Barros	CBRUN	VET 45	63	00:41:33
404	161	Nelson Videira	ARALF	VET 35	53	00:41:33
405	598	Carlos Almeida	GDRG	VET 45	64	00:41:34
406	264	Fernando Silva	CDCNAV	VET 55	36	00:41:35
407	772	Sérgio Silva	RUNRIVER	VET 40	64	00:41:36
408	1050	Paulo	ARPO	VET 45	65	00:41:37
409	804	José Carvalho	RUNTEJO	SEN	128	00:41:38
410	596	Octávio Capela	GDRG	VET 55	37	00:41:40
411	563	Jorge Ferreira	GDAIRAO	VET 45	66	00:41:40
412	1371	Nuno Martins	SDESCULPAS	VET 40	65	00:41:43
413	200	Flávio Rodrigues	CAMC	SEN	129	00:41:43
414	644	Carlos Torres	IND	VET 40	66	00:41:44
415	783	Carlos Cristão	RUNTEJO	VET 55	38	00:41:46
416	30	Pedro Martins	ACRSD	VET 50	38	00:41:50
417	19	Carlos Campos	ACA	VET 45	67	00:41:51
418	20	Vítor Fonseca	ACA	VET 40	67	00:41:54
419	1068	JOSÉ MARIA RIBEIRO	CDC NAV	VET 45	68	00:41:57
420	448	José Fernandes	CUI	VET 55	39	00:42:00
421	737	Miguel Ângelo Alves	QTRILHO	VET 50	39	00:42:00
422	623	Ivo Gonçalves	GJVP	SEN	130	00:42:05
423	358	Avelino Soares	CFB	VET 55	40	00:42:06
424	324	Augusto Pereira	CDSSC	VET 55	41	00:42:08
425	542	Manuel Palmeiro	GCB	VET 55	42	00:42:08
426	501	Samuel Cunha	ELCT	VET 35	54	00:42:09
427	1104	Bruno Aguiar	Dom Alves	VET 35	55	00:42:14
428	1394	Jose Nogueira	T Manecas	VET 45	69	00:42:15
429	1053	José Santos	ARSEQUEIRÔ	VET 55	43	00:42:20
430	148	António Mouro	ANE	VET 45	70	00:42:20
431	92	Telmo Cardoso	ADL-P	VET 45	71	00:42:20
432	318	José Pina	CDQ	VET 40	68	00:42:22
433	665	António Rodrigues	MCVC	VET 35	56	00:42:22
434	1055	Libório Vilela	ARSEQUEIRÔ	VET 40	69	00:42:24
435	609	Avelino Freitas	GDSPO	VET 45	72	00:42:27
436	661	Jacinto Correia	MCVC	VET 55	44	00:42:29
437	1396	Fabio Vidrago	T Manecas	SEN	131	00:42:32
438	363	Carlos Viseu	CFB	VET 50	40	00:42:34
439	334	Zeferino Neto	CDSSC	VET 50	41	00:42:34
440	1156	Angelo freitas	Individual	VET 55	45	00:42:37

441	81	Nuno Sousa	ADCCJC	VET 35	57	00:42:40
442	903	Nuno Maio	SCS	VET 40	70	00:42:40
443	84	André Pereira	ADCCJC	JUN	27	00:42:41
444	1138	AGOSTINHO TEIXEIRA	GD AIRAO C	VET 35	58	00:42:42
445	1069	JORGE RAFAEL PARENTE	CDC NAV	SEN	132	00:42:42
446	1071	André Manuel Fernandes Almeida	CDRCA	SEN	133	00:42:43
447	208	Marco Silva	CAO	VET 40	71	00:42:43
448	1116	Zé Manél	FCFG	VET 50	42	00:42:45
449	1118	Tonanha	FCFG	VET 50	43	00:42:45
450	99	Álvaro Sousa	ADOSA	VET 50	44	00:42:45
451	792	Joaquim Amaral	RUNTEJO	VET 45	73	00:42:47
452	118	João Capa	AGM	VET 50	45	00:42:48
453	776	Raul Silva	RUNRIVER	VET 35	59	00:42:53
454	1173	Paulo Macedo	Individual	VET 50	46	00:42:54
455	360	Vítor Gonçalves	CFB	VET 55	46	00:42:54
456	1297	Rui Silva	Individual	SEN	134	00:42:55
457	675	João Santos	NAZA	VET 55	47	00:42:56
458	105	Vítor Figueiredo	AFR&F	VET 55	48	00:42:56
459	724	Pedro Bessa	PCC	SEN	135	00:42:57
460	69	Roberto Machado	ACVSM	VET 35	60	00:42:57
461	663	José Gonçalves	MCVC	VET 50	47	00:42:58
462	608	Alcindo Dias	GDSP0	VET 45	74	00:42:59
463	1204	José Armando Macedo Dias	Individual	VET 50	48	00:43:00
464	700	Cláudio Ferreira	NBA	JUN	28	00:43:01
465	1105	Luís Pedro Mendes Queirós	Dom Alves	VET 35	61	00:43:03
466	1033	José Ferreira Costa	ARPO	VET 45	75	00:43:06
467	1392	Antonio Ribeiro	0	VET 55	49	00:43:07
468	337	Jorge Campos	CDSSC	VET 45	76	00:43:07
469	558	Helder Narciso	GCB	SEN	136	00:43:07
470	487	Ezequiel Fernandes	EDL	VET 45	77	00:43:09
471	1225	António Jorge salgado Faria	Individual	VET 40	72	00:43:09
472	366	Rui Avelans Coelho	CFB	VET 50	49	00:43:10
473	1126	António Ferreira	GAVIÕES	VET 55	50	00:43:10
474	460	Joaquim Coelho	EAROS	VET 55	51	00:43:11
475	509	Adão Silva	FCPF	VET 55	52	00:43:11
476	556	Raúl Bartolomeu	GCB	SEN	137	00:43:12
477	1144	Pedro Costa	Hab	VET 35	62	00:43:14
478	472	Rafael Castro	EAROS	SEN	138	00:43:14
479	325	Manuel Alves	CDSSC	VET 55	53	00:43:15
480	91	José Ferreira	ADL-P	VET 55	54	00:43:18
481	1185	Jose Rodrigues	Individual	VET 50	50	00:43:19
482	1351	Rui Vilaça	MNM`S	VET 35	63	00:43:20
483	620	Davide Fernandes	GJVP	VET 35	64	00:43:24
484	1008	Daniel Ribeiro	ACB BRITO	VET 40	73	00:43:25
485	194	Miguel Caseiro	CAMC	VET 35	65	00:43:28
486	399	Manuel Silva	CFOD	VET 45	78	00:43:29
487	1106	Guilherme António Torres Coelho	DurosTrail	VET 35	66	00:43:30
488	367	Gonçalo Ferreira	CFB	VET 45	79	00:43:30
489	673	Alberto Maravilha	NAZA	VET 55	55	00:43:30
490	454	Luís Rijo	CUI	JUN	29	00:43:32
491	109	Miguel Figueiredo	AFR&F	VET 45	80	00:43:33
492	110	João Carvalho	AFR&F	VET 40	74	00:43:33
493	1395	Jose Vidrago	T Manecas	VET 50	51	00:43:34
494	163	André Cristino	ARALF	SEN	139	00:43:34
495	1367	Sebastiao Pinto	Quebraritm	VET 45	81	00:43:40
496	1124	Justino Pereira	GAVIÕES	VET 55	56	00:43:44

497	159	João Videira	ARALF	VET 55	57	00:43:47
498	1326	Artur Couto	Joane C C	VET 50	52	00:43:52
499	74	Armindo Rodrigues	ADCCJC	VET 50	53	00:43:54
500	440	Hélder Faria	CRCANDO	VET 40	75	00:43:57
501	768	Fernando Ribeiro	RUNRIVER	VET 55	58	00:43:57
502	202	Pedro Leal	CAO	VET 55	59	00:43:58
503	969	Francisco Novais	VTSC	VET 55	60	00:43:58
504	617	Eugénio Barros	GJVP	VET 45	82	00:44:01
505	1209	Adalberto Machado	Individual	VET 45	83	00:44:05
506	131	Osório Pinto	AMA-P	VET 55	61	00:44:06
507	1271	Davide leite	Individual	VET 35	67	00:44:08
508	1120	Marco	FCFG	VET 35	68	00:44:09
509	696	Jorge Miranda	NBA	SEN	140	00:44:10
510	173	Narciso Oliveira	ATC	VET 55	62	00:44:13
511	1219	Pedro Silva	Individual	VET 45	84	00:44:16
512	18	Fernando Ferreira	ACA	VET 45	85	00:44:17
513	1352	André Martins	Mont BTEAm	VET 45	86	00:44:26
514	428	David Sousa	CPTBC	VET 50	54	00:44:27
515	1226	Ricardo Silva	Individual	VET 40	76	00:44:27
516	1398	Jorge Ferreira	TEMOS PENA	VET 50	55	00:44:28
517	1344	Leonardo	LM 033	JUN	30	00:44:29
518	919	Fernando Oliveira	UDV	VET 55	63	00:44:31
519	33	Vítor Salvador	ACRSD	VET 50	56	00:44:31
520	185	Hélder Deveza	CAMC	VET 45	87	00:44:36
521	206	José Pinto	CAO	VET 50	57	00:44:41
522	1198	Pedro Martins	0	VET 50	58	00:44:42
523	311	Nelson Rafael	CDQ	VET 45	88	00:44:43
524	1286	Filipe Leite	Individual	VET 35	69	00:44:43
525	1119	Zé Pélé	FCFG	VET 50	59	00:44:44
526	782	José Salazar	RUNTEJO	VET 55	64	00:44:44
527	98	Joaquim Dinis	ADOSA	VET 50	60	00:44:46
528	637	Heitor Araújo	IND	VET 55	65	00:44:46
529	228	Luís Bidarra	CAS	VET 50	61	00:44:48
530	1107	Rúben Freitas	DurosTrail	SEN	141	00:44:50
531	1336	Artur Araújo	KILOSMODA	VET 55	66	00:44:51
532	1416	Manuel A. Mendes	VTSC	SEN	142	00:44:55
533	121	Joaquim Ferreira	AGM	VET 50	62	00:44:56
534	378	Alexandre Almeida	CFB	VET 40	77	00:44:56
535	1256	Carlos Alberto Alves Palma	Individual	VET 40	78	00:44:57
536	278	Hélder Teixeira	CDFE	VET 40	79	00:45:00
537	462	Filipe Coelho	EAROS	VET 45	89	00:45:03
538	1419	Filipe Machado	Vermudi Tr	VET 40	80	00:45:04
539	1180	António Machado	Individual	VET 50	63	00:45:05
540	16	Aurélio Costa	ACA	VET 50	64	00:45:06
541	679	Francisco Silveira	NAZA	VET 50	65	00:45:10
542	685	Joaquim Teixeira	NBA	VET 50	66	00:45:12
543	1110	Mário Sampaio	EARO	VET 50	67	00:45:13
544	145	Henrique Meira	ANE	VET 50	68	00:45:14
545	681	António Trigueiro	NAZA	VET 50	69	00:45:16
546	369	Nuno Queija	CFB	VET 45	90	00:45:17
547	390	Anselmo Moreira	CFOD	VET 55	67	00:45:19
548	978	Hélder Vieira	VTSC	VET 45	91	00:45:21
549	431	Augusto Ferreira	CPTBC	VET 45	92	00:45:24
550	411	José Ribeiro	CLUVE	VET 55	68	00:45:27
551	988	Luís Jesus	GCAD	VET 45	93	00:45:28
552	981	Nuno Gabriel	VTSC	SEN	143	00:45:28

553	702	João Cunha	NKAR	VET 55	69	00:45:29
554	1067	JACINTO JOSÉ RODRIGUES	CDC NAV	VET 40	81	00:45:30
555	1414	Joao Oliveira	VTSC	VET 55	70	00:45:31
556	1270	André Costa	Individual	VET 35	70	00:45:34
557	1036	Pedro Pimenta	ARSEQUEIRÔ	VET 45	94	00:45:36
558	1318	André Araújo	Individual	SEN	144	00:45:37
559	1121	ANDRE OLIVEIRA	FORDFAMALI	VET 55	71	00:45:39
560	784	Mário Jorge Ribeiro	RUNTEJO	VET 55	72	00:45:41
561	1418	Tiago Campos	Vermudi	SEN	145	00:45:44
562	62	José Costa	ACVERM	VET 55	73	00:45:46
563	149	Marco Fatelo	ANE	VET 40	82	00:45:47
564	1061	Paulo Gomes	Bota&Siga	VET 40	83	00:45:47
565	140	Fernando Chamusca	ANE	VET 55	74	00:45:48
566	767	David Tavares	RUNRIVER	VET 55	75	00:45:52
567	1183	Paulo Jorge Oliveira Carvalho	Individual	VET 55	76	00:45:54
568	1002	JOSE SOUSA	ACB BRITO	VET 55	77	00:45:55
569	1131	Augusto Lima	GAVIÕES	VET 45	95	00:45:58
570	1135	Arlindo Barros	GAVIÕES	VET 40	84	00:45:58
571	441	Diogo Ribeiro	CRCANDO	VET 40	85	00:46:00
572	1329	Hermes Lobo	Joane CC	VET 45	96	00:46:00
573	1236	Sérgio Sousa	Individual	VET 40	86	00:46:03
574	1073	AUGUSTO SILVA	Central Ru	VET 50	70	00:46:04
575	320	Luís Soares	CDRCA	VET 45	97	00:46:05
576	1290	Luís Filipe Oliveira Abreu	Individual	SEN	146	00:46:06
577	1221	Miguel Abreu	Individual	VET 45	98	00:46:06
578	963	Vitor Pontes	VIZELA	VET 35	71	00:46:07
579	266	Carlos Eusébio	CDCNAV	VET 50	71	00:46:07
580	398	Ricardo Almeida	CFOD	VET 45	99	00:46:09
581	1372	Ricardo Oliveira	SDESCULPAS	VET 35	72	00:46:10
582	44	António Pinto	ACRVC	VET 55	78	00:46:12
583	1095	Maximino Lopes da Silva	CR Candoso	VET 45	100	00:46:13
584	467	António Gonçalves	EAROS	VET 45	101	00:46:20
585	61	Joaquim Ferreira	ACVERM	VET 55	79	00:46:26
586	373	Alexandre Pedrosa	CFB	VET 45	102	00:46:27
587	1176	Francisco José Maia Moreira	Individual	VET 50	72	00:46:28
588	54	Vítor Lopes	ACV	VET 50	73	00:46:30
589	1412	Jaime Alves	VTSC	VET 55	80	00:46:34
590	1340	Sérgio Gonçalves	KILOSMODA	VET 40	87	00:46:34
591	1171	Adolfo Guimaraes Ferreira	Individual	VET 55	81	00:46:36
592	1187	Vitor Martins	Individual	VET 50	74	00:46:37
593	796	Sérgio Sousa	RUNTEJO	VET 45	103	00:46:37
594	1006	FILIPE FREITAS	ACB BRITO	VET 45	104	00:46:39
595	1085	JOSE SALGADO	Central Ru	VET 50	75	00:46:41
596	967	Manuel Novais	VTSC	VET 55	82	00:46:43
597	430	Paulo Faria	CPTBC	VET 50	76	00:46:43
598	13	Francisco Mateus	ACA	VET 55	83	00:46:44
599	547	Henrique Baessa	GCB	VET 45	105	00:46:46
600	787	Joaquim Santos	RUNTEJO	VET 50	77	00:46:48
601	711	Jóice Jesus	NPCAD	VET 45	106	00:46:50
602	88	Joao Guimaraes	ADL-P	VET 55	84	00:46:50
603	422	Jacinto Oliveira	CPTBC	VET 55	85	00:46:52
604	705	António Pereira	NPCAD	VET 55	86	00:46:52
605	162	Mário Penarroias	ARALF	VET 35	73	00:46:56
606	273	Nuno Silva	CDCNAV	SEN	147	00:46:56
607	1003	MANUEL PEREIRA	ACB BRITO	VET 50	78	00:46:58
608	624	Pedro Rodrigues	GJVP	JUN	31	00:46:58

609	1168	João Gomes	Individual	VET 55	87	00:46:59
610	1035	Filipe Pereira Silva	ARPO	SEN	148	00:46:59
611	1051	Ricardo	ARPO	VET 45	107	00:46:59
612	439	José Salgado	CRCANDO	VET 50	79	00:46:59
613	339	Hélder Ferreira	CDSSC	VET 40	88	00:47:01
614	483	Jorge Beliago	EAT	SEN	149	00:47:03
615	1145	Carlos Alberto Campos Machado	Hora	VET 50	80	00:47:04
616	1337	José Alves	KILOSMODA	VET 50	81	00:47:10
617	1295	Jorge Oliveira	Individual	SEN	150	00:47:11
618	1417	Paulo Abreu	VTSC	VET 45	108	00:47:23
619	999	Miguel Ângelo Castro Ribeiro	0	VET 40	89	00:47:24
620	63	Francisco Miranda	ACVERM	VET 45	109	00:47:28
621	1402	Alcides Rodrigues	TEMOS PENA	VET 50	82	00:47:28
622	683	Pedro Rodrigues	NAZA	VET 35	74	00:47:32
623	429	Vítor Pereira	CPTBC	VET 55	88	00:47:35
624	1239	Ângelo Cardoso	Individual	VET 40	90	00:47:35
625	1127	Paulo Moreira	GAVIÕES	VET 50	83	00:47:36
626	442	Rui Machado	CRCANDO	VET 40	91	00:47:37
627	391	Domingos Pinto	CFOD	VET 55	89	00:47:37
628	1128	Fernando Roldão	GAVIÕES	VET 50	84	00:47:37
629	59	Nélson Ferreira	ACV	VET 40	92	00:47:43
630	433	Rui Paquete	CPTBC	VET 40	93	00:47:54
631	197	Joel Xavier	CAMC	VET 35	75	00:47:55
632	531	Paulo Freitas	FCV	VET 45	110	00:47:56
633	226	João Marques	CAS	VET 55	90	00:47:57
634	270	Paulo Gomes	CDCNAV	VET 35	76	00:48:00
635	432	Sérgio Mendes	CPTBC	VET 40	94	00:48:00
636	975	Filipe Guimarães	VTSC	VET 45	111	00:48:02
637	1250	Hélder Araújo	Individual	VET 40	95	00:48:04
638	1273	Sérgio Mendes	Individual	VET 35	77	00:48:04
639	1389	Pedro Manuel Adão Martins	Individual	SEN	151	00:48:06
640	595	Severino Santos	GDRG	VET 55	91	00:48:07
641	1413	Jose Carlos	VTSC	VET 50	85	00:48:10
642	1415	Miguel Mendes	VTSC	VET 40	96	00:48:10
643	392	Francisco Carvalho	CFOD	VET 55	92	00:48:13
644	350	Vítor Lopes	CDSSC	SEN	152	00:48:13
645	841	Augusto Castro	SCE	VET 55	93	00:48:15
646	321	José Augusto Silva	CDRCA	VET 35	78	00:48:16
647	1083	DUARTE SILVA	Central Ru	VET 45	112	00:48:21
648	1404	Joaquim Machado	TEMOS PENA	VET 50	86	00:48:25
649	1125	Manuel Granja	GAVIÕES	VET 55	94	00:48:33
650	1134	Vasco Ricardo	GAVIÕES	VET 40	97	00:48:34
651	1308	Tiago Oliveira	Individual	SEN	153	00:48:34
652	1364	JORGE FERREIRA	POTES OURO	VET 45	113	00:48:44
653	143	José Amigo	ANE	VET 55	95	00:48:45
654	1291	Vítor silva	Individual	SEN	154	00:48:45
655	571	David Fernandes	GDCG	VET 55	96	00:48:46
656	64	Vítor Costa	ACVERM	VET 45	114	00:48:46
657	268	Rui Costa	CDCNAV	VET 40	98	00:48:49
658	303	Vítor Rodrigues	CDP	VET 35	79	00:48:52
659	1475	Adelino faria	0	VET 50	87	00:48:53
660	260	Nélson Ferreira	CBRUN	VET 35	80	00:48:57
661	374	Joaquim Vaz	CFB	VET 45	115	00:49:03
662	615	José Coutinho	GJVP	VET 50	88	00:49:03
663	533	Hélder Costa	FCV	VET 40	99	00:49:07
664	771	António Rocha	RUNRIVER	VET 40	100	00:49:11

665	950	Gumersindo Rodrigues	VFC	VET 55	97	00:49:12
666	1159	José Mendes	Individual	VET 55	98	00:49:12
667	1240	Helder Gonçalves	Individual	VET 40	101	00:49:21
668	1091	José Roberto Cavalcante	CR Candoso	VET 50	89	00:49:21
669	1401	João Silva	TEMOS PENA	VET 55	99	00:49:23
670	1332	Lino Oliveira	Joane CC	VET 45	116	00:49:23
671	1169	António Augusto da Silva Borges	Individual	VET 50	90	00:49:31
672	1355	Gulherme Silva	NA-TAIPAS	VET 50	91	00:49:32
673	1155	JOSÉ PEREIRA DE MIRANDA	Individual	VET 55	100	00:49:32
674	1257	Francisco Silva	Individual	VET 35	81	00:49:34
675	1078	FRANCISCO XAVIER	Central Ru	VET 55	101	00:49:35
676	528	Torcatto Costa	FCV	VET 50	92	00:49:39
677	1086	CARLOS LOBO	Central Ru	VET 45	117	00:49:40
678	1077	CARLOS ALBERTO	Central Ru	VET 55	102	00:49:40
679	1341	Miguel Rodrigues	LFC-F	VET 45	118	00:49:41
680	1082	ANTONIO ALMEIDA	Central Ru	VET 55	103	00:49:42
681	365	Joaquim Sequeira	CFB	VET 45	119	00:49:44
682	1108	João Pedro Vilaça	EA COVELAS	SEN	155	00:49:45
683	573	António Santos	GDCG	VET 55	104	00:49:46
684	1377	Adelio Valente	EFTR	VET 45	120	00:49:49
685	1277	Ricardo Silva	Individual	VET 35	82	00:49:53
686	529	Paulo Leite	FCV	VET 50	93	00:49:55
687	1275	João Mesquita	Individual	VET 35	83	00:50:01
688	1103	ANDRÉ BARBOSA	Dom Alves	VET 40	102	00:50:01
689	478	Miguel Marinho	EAROS	VET 55	105	00:50:05
690	1161	Carlos Carvalho	Individual	VET 55	106	00:50:05
691	998	António Carvalho Martins Pereira	0	VET 55	107	00:50:10
692	1017	José Magalhães	AMVE	VET 55	108	00:50:10
693	766	Porfírio Saraiva	RUNRIVER	VET 55	109	00:50:10
694	1258	Mário Pinto	Individual	VET 35	84	00:50:12
695	691	Marco Vaz	NBA	VET 40	103	00:50:14
696	274	Armando Almeida	CDFE	VET 45	121	00:50:14
697	183	Jean Mercereau	CAMC	VET 50	94	00:50:16
698	1281	Pedro Oliveira	Individual	VET 35	85	00:50:16
699	1280	Luís Miguel Lopes Guedes Duarte	Individual	VET 35	86	00:50:17
700	1087	CANDIDO MACHADO	Central Ru	VET 45	122	00:50:23
701	1272	Vitor Costa	Individual	VET 35	87	00:50:24
702	1021	Bruno Miguel Carvalho	AMVE	VET 35	88	00:50:25
703	1385	Tiago Freitas	0	VET 35	89	00:50:26
704	1218	Pedro Marques	Individual	VET 45	123	00:50:28
705	1230	Ricardo Ferreira	Individual	VET 40	104	00:50:32
706	450	João Duarte	CUI	VET 45	124	00:50:33
707	1009	Marcelino Cunha	AD Carril	VET 45	125	00:50:42
708	1431	Sérgio Dias	0	VET 40	105	00:50:46
709	186	Rui Lopes	CAMC	VET 45	126	00:50:48
710	1032	PAULO NOGUEIRA	ARPO	VET 45	127	00:50:48
711	1299	Jorge Filipe Silva Carvalho	Individual	SEN	156	00:50:49
712	1165	António Soares Ferreira	Individual	VET 55	110	00:50:53
713	1384	José Mendes	0	VET 55	111	00:50:57
714	1365	Adão Jorge	Potes ouro	VET 50	95	00:50:59
715	1163	José Manuel Rodrigues Vieira	Individual	VET 55	112	00:50:59
716	1149	Jorge Machado	Improve	VET 55	113	00:51:01
717	1376	Ricardo Filipe Meira	EFTR	VET 45	128	00:51:01
718	1074	CARLOS CARDOSO	Central Ru	VET 50	96	00:51:01
719	781	Manuel Martins	RUNTEJO	VET 55	114	00:51:06
720	1167	Carlos Ferreira	Individual	VET 55	115	00:51:07

721	1190	Manuel Carneiro	Individual	VET 50	97	00:51:08
722	720	Bruno Caetano	OCL	SEN	157	00:51:08
723	1162	Adelino Fernandes	Individual	VET 55	116	00:51:11
724	1255	Leandro Ferreira	Individual	VET 35	90	00:51:15
725	1019	José Rui Pereira	AMVE	VET 50	98	00:51:17
726	1434	André Silva	0	SEN	158	00:51:21
727	1179	Virgílio	Individual	VET 55	117	00:51:23
728	447	Francisco Farropas	CUI	VET 55	118	00:51:25
729	801	Nélson Moreira	RUNTEJO	VET 35	91	00:51:28
730	1013	Bruno Azevedo	ADEPE	VET 40	106	00:51:31
731	893	Jose Moreira	SCS	VET 55	119	00:51:35
732	1276	António Araújo	Individual	VET 35	92	00:51:37
733	603	Valdemar Alves	GDSPO	VET 55	120	00:51:37
734	1262	Tobias da Cunha Gomes	Individual	VET 35	93	00:51:47
735	1057	Manuel Cunha	BRAGUINHAS	VET 55	121	00:51:51
736	532	Jorge Mendes	FCV	VET 40	107	00:51:51
737	1315	Ricardo Carvalho	Individual	VET 40	108	00:51:52
738	1052	Fernando	ARPO	SEN	159	00:51:52
739	1084	MANUEL OLIVEIRA	Central Ru	VET 50	99	00:52:00
740	1004	FILIPE	ACB BRITO	VET 45	129	00:52:00
741	1034	SÉRGIO FERNANDES	ARPO	VET 45	130	00:52:05
742	1075	SERGIO FERREIRA	Central Ru	VET 45	131	00:52:06
743	466	Alexandre Simões	EAROS	VET 40	109	00:52:06
744	1399	Sergio Carvalho	TEMOS PENA	VET 40	110	00:52:10
745	1358	Domingod Sousa	NSCPBRAGA	VET 55	122	00:52:13
746	1339	Paulo Monteiro	KILOSMODA	VET 45	132	00:52:14
747	966	Avelino De Freitas	VTSC	VET 55	123	00:52:18
748	1410	Rui Silva	TEMOS PENA	VET 35	94	00:52:22
749	1113	Cesar martins	Escola atl	VET 40	111	00:52:29
750	1043	Jose Manuel Pereira Fernandes	ATMPousada	VET 55	124	00:52:31
751	491	Óscar Da Silva	ELCT	VET 55	125	00:52:32
752	989	Francisco Madeira	GCAD	VET 55	126	00:52:33
753	263	José Gomes	CDCNAV	VET 55	127	00:52:34
754	601	Diogo Pereirinha	GDRG	SEN	160	00:52:36
755	1160	José carvalho	Individual	VET 55	128	00:52:36
756	73	José Ferreira	ADCCJC	VET 45	133	00:52:41
757	1253	PEDRO FILIPE ARAÚJO FERNANDES	Individual	VET 40	112	00:52:43
758	1147	Roger Hora	Hora	VET 35	95	00:52:47
759	1175	Paulo Manuel Saldanha	Individual	VET 50	100	00:52:49
760	1192	Alcino Xavier	Individual	VET 50	101	00:52:50
761	1060	Avelino Pereira	Bota&Siga	VET 50	102	00:52:54
762	100	Manuel Carvalho	ADOSA	VET 40	113	00:52:55
763	1409	Miguel Oliveira	TEMOS PENA	VET 40	114	00:52:58
764	1304	Hugo Miguel Araújo da Costa	Individual	SEN	161	00:53:02
765	1317	Nuno Batista	Individual	VET 35	96	00:53:03
766	1278	Fábio Costa	Individual	VET 35	97	00:53:04
767	1026	PAULO ARAÚJO	ARC	VET 50	103	00:53:07
768	29	António Rodrigues	ACRSD	VET 55	129	00:53:10
769	671	Paulino Pacheco	NAZA	VET 55	130	00:53:11
770	1029	ARMANDINO COUTO	ARPO	VET 55	131	00:53:14
771	1049	Vítor Santos	ADOSA	VET 45	134	00:53:15
772	799	Evelino Magalhães	RUNTEJO	VET 45	135	00:53:17
773	590	Armando De Lacerda	GDD	VET 55	132	00:53:24
774	1012	Armindo Ferreira	ADEPE	VET 50	104	00:53:26
775	1117	Hilário Martins	FCFG	VET 50	105	00:53:32
776	1047	CARLOS DANIEL FONSECA RIBEIRO	ATMPousada	SEN	162	00:53:42

777	1302	Joel silva	Individual	SEN	163	00:53:43
778	1191	Paulo carneiro	Individual	VET 50	106	00:53:47
779	438	Manuel Mendes	CRCANDO	VET 55	133	00:53:56
780	394	Joaquim Pereira	CFOD	VET 50	107	00:53:59
781	971	Joaquim Faria	VTSC	VET 55	134	00:54:06
782	777	José Rocha	RUNRIVER	VET 35	98	00:54:08
783	1260	Hugo Azevedo	Individual	VET 35	99	00:54:19
784	396	Américo Pereira	CFOD	VET 50	108	00:54:26
785	1005	Joaquim Daniel Cunha Fernandes	ACB BRITO	VET 45	136	00:54:29
786	1322	Joaquim Azevedo	Individual	VET 55	135	00:54:38
787	1184	Sérgio Lopes	Individual	VET 50	109	00:54:38
788	1041	José Ribeiro	ATC	VET 55	136	00:54:42
789	1030	ANTÓNIO VIEIRA	ARPO	VET 50	110	00:54:45
790	1062	Rui Gomes	Bota&Siga	VET 40	115	00:54:57
791	1016	Manuel almeida	ADOSA	VET 55	137	00:54:59
792	189	Narciso Costa	CAMC	VET 40	116	00:55:06
793	1177	João Paulo Correia Martins	Individual	VET 50	111	00:55:06
794	188	Hélio Vila Franca	CAMC	VET 40	117	00:55:07
795	1217	Francisco Vitor Correia Machado	Individual	VET 45	137	00:55:07
796	1139	HILÁRIO MATOS	GD AIRÃO C	VET 40	118	00:55:10
797	1102	Cristiano Saldanha	Comfysoks	VET 50	112	00:55:10
798	1379	Manuel Augusto Oliveira Ferreira	Sporting	SEN	164	00:55:14
799	1044	Duarte Nuno Farir Fernandes	ATMPousada	VET 40	119	00:55:19
800	1199	Paulo Pinto	Individual	VET 45	138	00:55:21
801	425	Orlando Ferreira	CPTBC	VET 55	138	00:55:23
802	1359	António Pereira	NSCPBRAGA	VET 55	139	00:55:31
803	53	Leandro Santos	ACV	VET 55	140	00:55:34
804	1099	Rui Miguel Costa	Colégio do	VET 45	139	00:55:49
805	51	Eugénio Mendes	ACV	VET 55	141	00:55:53
806	1200	Miguel santos	Individual	VET 50	113	00:56:12
807	1207	Gustavo Jacinto de Azevedo Rodrigues	Individual	VET 45	140	00:56:15
808	1027	Carlos Simões	ARPO	VET 55	142	00:56:25
809	1028	JOSÉ SANTANA	ARPO	VET 55	143	00:56:25
810	1285	André Pinto	Individual	SEN	165	00:56:29
811	1046	PAULO JORGE FARIA FERNANDES	ATMPousada	SEN	166	00:56:33
812	1234	Filipe Oliveira	Individual	VET 40	120	00:56:41
813	1101	Cristiano Saldanha	Comfysoks	VET 35	100	00:56:42
814	1015	Simão Ferreira	ADEPE	SEN	167	00:56:56
815	697	Rui Ferreira	NBA	SEN	168	00:57:04
816	1092	Jaime Gonçalves	CR Candoso	VET 55	144	00:57:05
817	1076	FILIPE CUNHA	Central Ru	VET 45	141	00:57:13
818	1142	Manuel Luis Castelo Branco Mendes Carvalho	GDST	VET 55	145	00:57:27
819	1065	Pedro André Silva	BouSeTuFor	VET 35	101	00:57:36
820	1294	Vitor Manuel da Silva Santos	Individual	SEN	169	00:57:41
821	1157	Manuel Sampaio	Individual	VET 55	146	00:57:45
822	1152	António Moura	Individual	VET 55	147	00:57:48
823	968	António Mata	VTSC	VET 55	148	00:57:56
824	1158	Rui Cardoso	Individual	VET 55	149	00:58:19
825	56	José Santos	ACV	VET 45	142	00:58:26
826	660	Isaías Peralta	MCVC	VET 55	150	00:58:36
827	1323	José de Oliveira Meira	Individual	VET 55	151	00:59:33
828	1011	José Pedro Abreu Silva	ADCPS	SEN	170	00:59:40
829	1305	LUÍS AFONSO CARVALHO VILAÇA	Individual	SEN	171	00:59:40
830	1245	João Monteiro	Individual	VET 40	121	00:59:54
831	1261	Bruno Fernando Rodrigues Oliveira	Individual	VET 35	102	01:00:00
832	160	Duarte Escobar	ARALF	VET 45	143	01:00:06

833	917	Nuno Soares	SSTSJM	VET 35	103	01:00:38
834	1283	Pedro Cruz	Individual	VET 35	104	01:00:42
835	1284	Sérgio	Individual	VET 35	105	01:00:44
836	103	Fernando Santos	AFIS	VET 55	152	01:00:55
837	356	Bernardino Pereira	CFB	VET 55	153	01:00:55
838	1181	Humberto Lima	Individual	VET 50	114	01:01:15
839	52	Alfredo Santos	ACV	VET 55	154	01:02:29
840	652	Hélder Salazar	LFC-F	SEN	172	01:02:30
841	1150	Albino Ferreira	Individual	VET 55	155	01:03:16
842	668	António Leite	NAC	VET 50	115	01:03:19
843	1343	Alexandre	LM 033	VET 35	106	01:03:38
844	361	João Pires	CFB	VET 50	116	01:04:28
845	1186	FERNANDO MANUEL MENDES RODRIGUES	Individual	VET 50	117	01:06:25
846	1045	Daniel António dos Santos Soares	ATMPousada	SEN	173	01:07:23
847	421	Joaquim Ribeiro	CPTBC	VET 55	156	01:09:08
848	670	Joaquim Neiva	NAZA	VET 55	157	01:16:31